

# Surrey Parenting Education & Support Newsletter

No. 32—Autumn 2012

NEWSLETTERS AND OTHER PARENTING INFORMATION ARE NOW AVAILABLE ON OUR WEBSITE at [www.surreycc.gov.uk/surreyparenting](http://www.surreycc.gov.uk/surreyparenting)

## Parenting News for Surrey

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### **SURREY PARENTING EDUCATION & SUPPORT**

Further to the Surrey County Council consultation – One County .... One approach for Children and young people 2012-2017, the Parenting Commissioning Board have agreed to develop a parallel strategic plan for parenting which will reflect some of the key priorities identified. SPES with partners will develop a draft for the next PCB meeting on **Tuesday 11<sup>th</sup> September 2012**. Our initial actions will focus on **Early Help and reducing inequalities, Targeted Support, Integrated working, Fathers and Measuring cost effectiveness and outcomes**. We hope that this will also support the work of the SCC Change Programme and also the emerging Health and Well-Being Board Strategy for Surrey.

### **MEASURING COST EFFECTIVENESS & MEASURABLE OUTCOMES**

Over the years, SPES has worked hard to enable evidence based early interventions and effective parenting programmes across a range of settings in EY's health, education, social care and the third sector based on accessibility, diversity and quality. However, there appear to be three key areas in which Surrey needs to address in order to provide a more effective strength based approach to working with parents. This includes understanding the data in relation to both identified need and unmet needs and providing measurable outcomes on the impact of interventions. **Evaluation of parenting programmes/interventions, reporting and recording data and measuring clear outcomes** are areas that will need to consider as part of the Parenting strategy for

2012-2017 and it is intended that these will form a key part of the work in supporting families across the county.

For further information on this piece of work please contact [fiona.taylor@surreypct.nhs.uk](mailto:fiona.taylor@surreypct.nhs.uk)

### **SURREY CHILDREN'S SERVICES SAFEGUARDING UNIT — THRESHOLD CRITERIA**

SCC Children's Services Senior Management team have reviewed the Children's Social Care Threshold Criteria and have undertaken a period of consultation to ensure that all partners can agree, that the criteria is consistent and clear for all professionals to use for guidance and enable professionals with their own assessment to support future planning of targeted services.

### **TROUBLED FAMILIES UPDATE**

Work is underway on developing and agreeing the proposals for a county wide approach. It is proposed that the service model under development in Waverley be established as a franchise whereby each borough and district council will host and manage a local team into which SCC, NHS, Police and potentially other agencies will second staff. The local teams will be supported and overseen by a central commissioning team based in SCC. Work has already begun on identifying the families in Surrey which match the government three key criteria (Families involved in crime and ASB, children not in school, have an adult on out of work benefits). However, there is an opportunity to add local discretionary factors to prioritise the families take can take part. Subject to agreement on data sharing, consideration will be given to CIN data where Domestic Abuse is an issue, households with significant mental health issues, households

### **ESF – SUPPORTING FAMILIES WITH A HISTORY OF WORKLESSNESS**

Skills training UK has been selected by the Dept of Work and Pensions as the prime contractor in SE to deliver this programme. **Progress** is about helping families with a history of worklessness, to progress closer to the labour market. The aim is to help them overcome their barriers e.g. low levels of literacy/numeracy or lack of confidence and inspire and coach them to take practical steps to go further, with the ultimate goal of sustainable employment.

For further information: 0208 795 8230 or

[contact@progressprogramme.com](mailto:contact@progressprogramme.com)

### **SURREY COUNTY COUNCIL CHILDREN'S SERVICES**

The Change Programme Office at Surrey County Council is leading on a significant and exciting change programme over the next two years. The three elements of focus are Early Help, Family Support and Disability. The project sponsors are Caroline Budden (Early Help), Garath Symonds (Family Support) and Peter-John Wilkinson (Disability).

The Family Support element of the programme will focus on the support provided to all families, particularly those with complex needs and significant social disadvantage. This support will be on spectrum ranging from some contact to a more intensive intervention. The aim will be to provide positive outcomes for children by supporting the whole family. The project will work with all Surrey County Council and partnership services.

For more information please contact the Change Programme Office on

[csfchangeprogramme@surreycc.gov.uk](mailto:csfchangeprogramme@surreycc.gov.uk)

### **SURREY EMOTIONAL WELLBEING AND MENTAL HEALTH SURVEY**

Surrey County Council and its partners in health have agreed to work together on a range of priorities for children and young people in Surrey in order to look at planning a broader emotional wellbeing and mental health service.

Children and young people with good emotional and mental health are better able to contribute and achieve in life, and good mental health is also important for good physical health.

To have your say please respond to our survey by 30 July 2012 at [www.surveymonkey.com/s/8YYVFYV](http://www.surveymonkey.com/s/8YYVFYV)

### **FATHERS' QUESTIONNAIRE**

The Surrey Parenting Team want to improve the information and services provided for new dads in

12 months we want to hear from you, so please help us by encouraging the family you work with to fill in this short questionnaire.

[www.surveymonkey.com/s/W88SN8X](http://www.surveymonkey.com/s/W88SN8X)

### **PATHWAY FOR PREGNANCY, PREPARATION FOR PARENTHOOD AND THE EARLY WEEKS**

Health visitors and midwives have different roles but both have a major contribution to maternity and postnatal care and some aspects of the roles are determined in legislation. The pathway sets out the benefits and principles of midwives and health visitors working together in pregnancy and early infancy as the basis for developing a detailed, local pathway to meet the varied clinical and social needs of mothers, fathers and children.

Surrey Community Health Services have received early implementation—Wave 2 status and will be working with the strategic health authority the Department of Health on these key areas for development to improve integration between maternity and health visiting teams. The focus will be on liaison between midwifery teams and health visiting teams, 28 week contact, preparation for parenthood and new birth visits.

### **National Parenting News**

#### **PRIME MINISTER ANNOUNCES SUPPORT FOR FAMILIES**

In May the Prime Minister announced exciting new services to give mums and dads the support they need to do the best for their children. The care and attention a child receives when young will affect their health, behaviour and ability to learn throughout their lives. A recent survey suggests that 85% of mums and dads want more practical help on caring for their baby to provide the best possible start for their children. The support being offered to parents will include:

- a brand new digital service for parents-to-be and new parents, providing regular emails and texts with timely information as their pregnancy develops and their child grows;
- free parenting classes to all parents of children aged five years and under in three trial areas;
- expert organisations to deliver relationship support for first time parents in four trial areas of the country from this summer.

For more info see: [www.education.gov.uk/inthenews/inthenews/a00209164/pm-announces-family-support](http://www.education.gov.uk/inthenews/inthenews/a00209164/pm-announces-family-support)

### **EXTENDING FREE EARLY EDUCATION TO MORE TWO-YEAR OLDS—A CONSULTATION**

The Government plans to introduce a legal entitlement to free early education for two-year-olds. Following a previous consultation, it has been decided which children will be eligible for the first phase of the entitlement from September 2013 - around 20 per cent of two-year-olds in England. This consultation seeks views on proposed eligibility criteria for the second phase of the new entitlement from September 2014 - for around 40 per cent of two-year-olds.

For more information see: [www.education.gov.uk/aboutdfe/departementalinformation/consultations/a00211261/extending-free-early-education-two-year-olds](http://www.education.gov.uk/aboutdfe/departementalinformation/consultations/a00211261/extending-free-early-education-two-year-olds)

### **DoH: HEALTH VISITOR NUMBERS ARE RISING**

The Department of Health is on track to meet its commitment to increase the number of health visitors by an extra 4,200 by April 2015. This is thanks to the concerted support of the health visiting profession – which this year celebrates its **150th anniversary** – and the NHS, higher educational institutions and other partners.

Increasing health visitor numbers should allow local teams to improve public health outcomes and provide personalised care, giving health visitors more time to parents with critical health and development advice, and to connect families to the array of health and wider community resources that can help them give their children the best start in life.

Compared to last year, 3 times as many health visitors began training in 2011/12, which means more than 6,000 new health visitors should be trained before 2015. Later this year, some of these newly qualified health visitors will begin joining the frontline.

### **DWP: NEW INNOVATION FUND TO SUPPORT SEPARATED FAMILIES**

The Department for Work and Pensions will shortly be launching a new £14m Innovation Fund across Great Britain to support separated families and help them to collaborate in the best interests of their children.

The Government believes that strong and stable families are essential to a strong and stable society. When families do separate they should be offered the help and support required to enable them to work together in the best interest of their children.

The DWP are in the process of developing a web application which will provide online information and support to separated, separating parents and divorcing couples.

This will be supported by telephone and face to face support in 2013 for parents that cannot access the web or need more intensive support.

For more information see: [www.dwp.gov.uk/supplying-dwp/what-we-buy/general-goods-and-services/innovation-fund-separated-fam/](http://www.dwp.gov.uk/supplying-dwp/what-we-buy/general-goods-and-services/innovation-fund-separated-fam/)

### **DfE CONSULTATION PAPER: CO-OPERATIVE PARENTING FOLLOWING FAMILY SEPARATION**

This consultation seeks views on proposed legislation on the involvement of both parents in a child's life. It includes options and questions on how court orders in private family cases regarding the care of children can be more effectively enforced. Deadline 5th September 2012.

For more info see: [www.info4local.gov.uk/documents/consultations/2177996](http://www.info4local.gov.uk/documents/consultations/2177996)

### **ECONOMIC STUDY OF INTEGRATED FAMILY SUPPORT PROGRAMME**

A new study released in June by the Prison Advice & Care Trust reveals that every £1 invested in keeping a family together when someone goes to prison can save the tax payer £11. The report highlights the very significant impact of Pact's family support programme in terms of reducing the risk of re-offending by ex-prisoners. Social and health care savings related to prisoners' families are also shown, as well as cost avoidance based on better planning around the resettlement process.

For more information see:

[www.prisonadvice.org.uk/node/750](http://www.prisonadvice.org.uk/node/750)

## **Family and Parenting Institute**

### **REACTION TO PRIME MINISTER'S ANNOUNCEMENT**

Dr Katherine Rake, Chief Executive of the Family and Parenting Institute, said: "We are pleased the Government has recognised that parents need support, reassurance and a strong social network. We think that, properly delivered, parenting classes will go some way to addressing these needs and we are pleased with the stigma-busting approach of distributing vouchers in the three pilot areas through Boots. "We are, however, acutely aware that parents are currently facing a triple squeeze of tax and benefit changes, high childcare costs and high costs of living. Stretched finances often cause stresses that prevent mums and dads being the parents they want to be." Alongside these measures, we hope that the government does more to relieve the intense financial pressures on today's parents."

For more info see: [www.familyandparenting.org/news/Press-releases/2012+Press+Releases/Parenting+classes+-+reaction+to+Government+announcement](http://www.familyandparenting.org/news/Press-releases/2012+Press+Releases/Parenting+classes+-+reaction+to+Government+announcement)

## Events

### ***YOUNG PEOPLE, MENTAL HEALTH AND WELL-BEING AWARENESS: A WHOLE LIFE AHEAD***

**Thursday 27 September 2012—Birmingham**

This practical and interactive one day training session aims to equip staff working with young people with an improved understanding of mental health issues relating to young people to help you provide effective support to young people with mental health conditions in your organisation.

For more information see [www.niace.org.uk](http://www.niace.org.uk)

### ***AIMH CONFERENCE & AGM: 'MENTALISATION AND MIND-MINDEDNESS'***

**3rd November 2012—London**

This conference aims to: raise understanding about mentalisation and mind-mindedness in terms of the theory, evidence and clinical practice, and, will help practitioners to identify ways in which they can incorporate mentalisation/mind-minded ways of working into their practice.

For more information see: [www.aimh.org.uk](http://www.aimh.org.uk) or contact [info@aimh.org.uk](mailto:info@aimh.org.uk)

### ***PARENTING UK: SUPPORTING PARENTS OF TEENAGERS***

**23rd October 2012—Birmingham**

As young people change and develop, explore and define their individuality, understanding and coping with their behaviour can become more challenging for parents. Whether it's learning to communicate more effectively with teenagers, or coping with more serious anti-social behaviour, this seminar looks at different types of support and the examples of current programmes to help you in your work with parents

For more info see: [www.parentinguk.org/our-work/our-events/](http://www.parentinguk.org/our-work/our-events/)

### ***DoH: IMPROVING HEALTH OUTCOMES FROM PREGNANCY, BIRTH AND BEYOND***

**27th September 2012—London**

The government is committed to giving every child in every community the best start in life, this conference will explore the governments new approach to building people's self-esteem, confidence and resilience from infancy as well as hear the government's latest policy plans relating to pregnancy, birth and a child's first few years. Delegates will have the opportunity to hear and share best practice in improving maternal and infant health and care.

For more info see:

[www.insidegovernment.co.uk/health/starting-well/](http://www.insidegovernment.co.uk/health/starting-well/)

## Training

### ***HIDDEN SENTENCE TRAINING***

Hidden Sentence is a training course developed by Action for Prisoners' Families for professionals who work with prisoners' and offenders' families. It provides a range of strategies and resources to help you support them, giving a clear overview of the issues facing prisoners' families and provides a range of strategies and resources to help you support them. For further details on the Hidden Sentence training, see [www.prisonersfamilies.org.uk/Training/Hidden\\_Sentence\\_training.aspx](http://www.prisonersfamilies.org.uk/Training/Hidden_Sentence_training.aspx)

SPES are delighted to announce opportunities for both the Hidden Sentence training and the 'Train the Trainer' Hidden Sentence training in the Autumn Term, dates TBC. For further details please contact [julie.gamble@surreypct.nhs.uk](mailto:julie.gamble@surreypct.nhs.uk)

### ***FAMILY FOUNDATIONS—Preparation for Birth and Beyond***

Family Foundations is a training provided by the Fatherhood Institute, to support 'Preparation for Birth and Beyond' which aims to help the NHS, local authorities and the voluntary sector in planning or running groups for expectant and new parents.

SPES will be running the 3 day Family Foundations Training for Practitioners in the Autumn Term, dates TBC. For further details please contact [julie.gamble@surreypct.nhs.uk](mailto:julie.gamble@surreypct.nhs.uk)

SPES continues to identify funding opportunities for the following training courses. Please let us know if you are interested in attending these courses should funding become available.

**Level 3—Training for Working with Parents Award** (12 credits)

**Level 4—Working with Families with Multiple and Complex Needs**

## Contacts

Main Office: 01306 876 223

Website: [www.surreycc.gov.uk/surreyparenting](http://www.surreycc.gov.uk/surreyparenting)

### **Fiona Taylor**

Strategic Development Manager

01306 732 380

[fiona.taylor@surreypct.nhs.uk](mailto:fiona.taylor@surreypct.nhs.uk)

### **Julie Gamble**

Secretary/PA/Training

01306 732 381

[julie.gamble@surreypct.nhs.uk](mailto:julie.gamble@surreypct.nhs.uk)