

Cardinal Newman Catholic Primary School



Curriculum Overview for Physical Education

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Starting & Stopping	Changing Direction	Running – starting and stopping	Gym - Climbing	Dance	Running
Year One	Gymnastics		Dance		Athletics	
Year Two	Gymnastics	Dance	Dance	Ball Skills	Athletics	
Year Three	Swimming		Circuits		Athletics	Dance
			*Gymnastics		*Athletics	
Year Four	Dance	Gymnastics	Gymnastics	Dance	Athletics	Dance
			* Gymnastics		*Athletics	*Athletics
Year Five	Dance	Gymnastics	Circuits	Gymnastics	Astronaut Athletics	
			* Gymnastics		*Athletics	
Year Six	Dance		Gymnastics		Athletics	
					*Athletics	

* = Taught by Miss Thomas, this is an additional PE lesson.