

Weeks Startina: 15th April, 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September and 21st October



Monday

Tuesday

Wednesday

Option 1

Thursday

Friday

Option 1



Option 1

Roast Chicken

Option 1

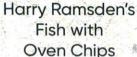


Cheese and Tomato Pizza with Potato Wedges

Pork Sausages with Creamed Potato and Gravy

with Roast Potatoes and Gravy

Chicken Korma Curry with Rice









Option 2



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Option 2



Option 2



Option 2



Cheese and Five Bean Tomato Pasta

Option 3

School's Choice

Quorn Sausage with Creamed Potato and Gravy

Option 3

School's Choice

Roasted Vegetable Parcel with Roast Potatoes and Gravy

Option 3

School's Choice

Oriental Vegetable Noodles

Option 3

School's Choice

Garden Vegetable Goujons with Oven Chips

Option 3

School's Choice



Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Veaetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread



Dessert:

Chocolate Cookie

Dessert:

Fresh Dairy Yoghurt

Dessert: 🕔 🗂

Fresh Fruit Salad with Crème Fraîche



Apple Sponge with Custard

Dessert:





Vegetarian



Contains a minimum of 50% fruit



Weeks Startina: 22nd April, 13th May, 10th June, 1st July, 22nd July, 16th September and 7th October



Monday

Tuesday

Option 1

Wednesday

Thursday

Friday

Option 1



Option 1

Option 1

Option 1

Vegan Sausaae Roll with Potato Wedges

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Roast Gammon with Roast Potatoes and Gravy

Fruity Caribbean Chicken with Rice

Fish Fingers with Oven Chips



Option 2



Option 2



Option 2



Option 2



Option 2



Potato. Leek and Cheese Pie

Option 3

School's Choice

BBQ Meat Free Meatballs with Spaghetti

Option 3

School's Choice

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Glamorgan Sausage with Roast Potatoes and Gravy

Option 3

School's Choice

Caribbean Quorn Fajitas

Option 3

School's Choice

Cheese and Tomato Pizza Swirl with Oven Chips

Option 3

School's Choice



Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Veaetables. Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Veaetables, Salad Bar and Fresh Bread

Sides:

Seasonal Veaetables. Salad Bar and Fresh Bread



Dessert: 🕔 🗂



Shortbread Biscuit with Fresh Fruit Slices **Dessert:**

Fresh Dairy Yoghurt

Dessert: 🕔 🗂



Dessert:

Chocolate Sponge with Chocolate Sauce Dessert:

Twin Ice Lolly



Vegetarian



Contains a minimum of 50% fruit

Twelve 15 Meek 3 Spring/Summer 2024 Menu

Weeks Starting: 29th April, 20th May, 17th June, 8th July, 2nd September, 23rd September and 14th October



Monday

Option 1

Chef's choice of Pasta

Option 2 Vegetarian

> Mediterranean Vegetables with Couscous

> > **Option 3**

School's Choice

Tuesday

Option 1

Italian Style Chicken Goujons with Oven Chips

Option 2

Southern Style Quorn Burger with Oven Chips

Option 3

School's Choice

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravv

Option 2

Vegan Sausage Cutlet with Roast Potatoes and Gravy

Option 3

School's Choice

Thursday

Option 1

Beef Lasagne

Option 2

Summer Vegetable Lasagne

Option 3

School's Choice

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Vegetable Fingers with Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread Sides:

Seasonal Veaetables. Salad Bar and Fresh Bread Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread Sides:

Seasonal Veaetables, Salad Bar and Fresh Bread

Dessert:

Fresh Dairy Yoghurt

Dessert: 🕔 💣

with Custard

Banana Sponae

Dessert: 🕔 💣

Orange and Mandarin Jelly with Crème Fraîche Dessert:

Lemon Shortbread Biscuit

Dessert:

Raspberry Ripple Vanilla Ice Cream Sponge Roll

Vegetarian



