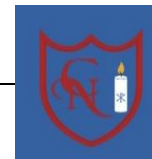


Cardinal Newman PE Curriculum Map- GetSet4PE



	Autumn		Spring		Summer	
Reception	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Dance: Unit 1	Dance: Unit 2	Games: Unit 1	Games: Unit 2
	Fundamentals: Unit 1	Fundamentals: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2
	The EYFS setting is designed to support children to: Move with confidence and imagination. Show an awareness of space for others. Handle tools and objects with basic control. Have good fine motor control and coordination. Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination with playing. Move energetically with opportunities for running, jumping, dancing, hopping, skipping and climbing.			We provide children with: Music to match simple movements to. Opportunities to develop fine and gross motor skills as well as interventions where required. Weekly P.E. sessions where children can access a range of equipment and develop their gross motor skills and physical development. An understanding of the effects of exercise on our bodies and the importance of being healthy.		
Year 1	Gymnastics Fundamentals	Sending and Receiving Invasion	Dance Ball Skills	Fitness Team Building	Athletics Net and Wall	Striking and Fielding Target Games
Year 2	Invasion Fundamentals	Sending and Receiving Gymnastics	Fitness Ball Skills	Dance Team Building	Athletics Net and Wall	Striking and Fielding Target Games
Year 3	Football Swimming	Gymnastics Swimming	Hockey Tennis	Dance Basketball	Athletics Ball Skills	OAA Rounders
Year 4	Gymnastics Tag Rugby	Fitness Netball	Dance Handball	Golf Tennis	Athletics Dodgeball	OAA Cricket
Year 5	Gymnastics Fitness	Handball Basketball	Dance Volleyball	Badminton Golf	Athletics OAA	Tennis Rounders
Year 6	Hockey Netball	Football Gymnastics	Dance Tag Rugby	Dodgeball Volleyball	Athletics Tennis	OAA Cricket