

Weeks Startina:

4th November, 25th November, 16th December, 20th January, 10th February, 10th March and 31st March



## Monday

**Option 1** 

Cheese and Tomato Pizza with Diced Potatoes

Vegetarian Option 2



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Vegetable Rosti with Diced Potatoes

Option 3

Jacket potato with Tuna mayo cheese & / or beans

**Tuesday** 

**Option 1** 

Pork Sausages with Creamed Potato and Gravy

**Option 2** 

Quorn Vegan Sausage with Creamed Potato and Gravy

**Option 3** 

Jacket potato with Tuna mayo cheese & / or beans

Wednesday

**Option 1** 

Roast Chicken with Roast Potatoes and Gravy

Option 2

Cheesy Leek Parcel with Roast Potatoes and Gravy

**Option 3** 

Jacket potato with Tuna mayo cheese & / or beans

**Thursday** 

**Option 1** 

Chinese Chicken Curry with Rice

Option 2

Chinese Veg Curry with Rice

Option 3

mayo cheese & / or beans Friday

**Option 1** 

Fish Fingers with Oven Chips

Option 2

Mac 'n' cheese

**Option 3** 

Jacket potato with Tuna Jacket potato with Tuna mayo cheese & / or beans

Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables. Salad Bar & Fresh Bread Sides:

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Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

**Dessert:** 

Strawberry Mousse

Dessert:



Pineapple Upside Down Cake with Custard

**Dessert:** 

Fresh Dairy Yoghurt

Marble Sponge with **Chocolate Sauce** 

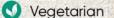
**Dessert:** 

**Dessert:** 



Fruity Flapjack









Weeks Starting:

11th November, 2nd December, 6th January, 27th January, 24th February and 17th March



Friday

**Option 1** 

Harry Ramsden's

Fish with

Oven Chips

Option 2

Vea Quesadilla with

Oven Chips

## Monday

**Option 1** 

Ricotta and Spinach Tortellini with **Tomato Sauce** 

Cheese and

Courgette Twist

with Pesto Pasta

Vegetarian Option 2



Bubble and Squeak Burger with **Diced Potatoes** 

**Tuesday** 

Option 1

Superfood

Beef Burger with

**Diced Potatoes** 

**Option 2** 

**Option 3** 

Jacket potato with Tuna Jacket potato with Tuna mayo cheese & / or beans

mayo cheese & / or beans

**Option 3** 

Seasonal Vegetables, Salad Bar & Fresh Bread Wednesday

**Option 1** 

Roast Gammon with Roast Potatoes and Gravv

Option 2

Freshly Made Glamorgan Sausage with Roast Potatoes and Gravy

**Option 3** 

Jacket potato with Tuna mayo cheese & / or beans

**Thursday** 

**Option 1** 

BBQ Chicken with Rice

Option 2

Meat Free Meatballs and Tomato Sauce with Rice

**Option 3** 

Jacket potato with Tuna Jacket potato with Tuna mavo cheese & / or beans

**Option 3** 

mayo cheese & / or beans

Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

**Dessert:** 

Fresh Dairy Yoghurt

Dessert:



Banana Cake with Custard

**Dessert:** 

Orange and Mandarin Jelly **Dessert:** 

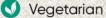
Syrup Drizzle Sponge with Custard

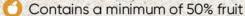
**Dessert:** 

Chocolate Ice Cream Roll











Weeks Starting: 18th November, 9th December, 13th January, 3rd February, 3rd March and 24th March



## Monday

**Option 1** 

Superfood Pasta Bake

Option 2

**Option 3** 

Jacket potato with Tuna

mayo

cheese & / or beans

**Tuesday** 

**Option 1** 

Pepperoni Pizza with Diced Potatoes

Option 2

Sweetcorn &

Pepper Pizza with

**Diced Potatoes** 

Wednesday

**Option 1** 

Roast Chicken with Roast Potatoes and Gravy

**Thursday** 

**Option 1** 

Sweet & Sour Chicken Meatballs with Rice

Option 2

0 Option 2

Veggie Tacos with Rice

**Quorn Nuggets** with Oven Chips

Friday

**Option 1** 

'Big Tasty Fish Cake'

with Oven Chips

Vegetable Fingers with Diced Potatoes

**Option 3** 

Jacket potato with Tuna mayo cheese & / or beans

Vegan Sausage Cutlet with Roast Potatoes and Gravy

Option 2

**Option 3** 

Jacket potato with Tuna Jacket potato with Tuna mayo cheese & / or beans

**Option 3** 

mayo cheese & / or beans **Option 3** 

Jacket potato with Tuna mayo cheese & / or beans



Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread



Vegetarian

Dessert: (1)

Biscuit with Fruit Dessert:

Chocolate and Beetroot Cake with Chocolate Sauce Dessert:

Fresh Dairy Yoghurt

**Dessert:** 

Apple Pie with Custard Dessert:

Carrot Cake Muffin

