

## Managing Behaviour Effectively for Parents & Carers

No one has ever said parenting was easy. Living with children can be one of life's most enjoyable experiences, but it can also be unbelievably frustrating. 123 Magic is a simple, precise and effective way of managing the behaviour of children. It's not magic but works like magic!

The aims of the programme are:-

Job 1: Controlling Challenging Behaviour – Learn an amazingly simple technique to get children to STOP doing what you don't want them to do (whining, arguing, tantrums, sibling rivalry etc.).

Job 2: Encouraging Good Behaviour – Learn several effective methods to get your children to START doing what you want them to do (picking up, eating, going to bed and staying there!, chores etc.).

**Job 3:** Strengthening Your Relationship – Learn powerful techniques that reinforce the bond between you and your children and build good self esteem.

Will the programme work with children who have learning difficulties? It certainly can. The program has been used successfully with Autistic, Asperger's, ADHD and ODC children. In fact when parents have children with these difficulties, the clarity of the 123 Magic warnings is especially helpful for the visual and auditory understanding.

The course is a 4 week programme, however families needing a refresher following challenges created by the Covid pandemic are also welcome. The next course is being held at Ashley CofE Primary School, Walton.

Week 1 - Thursday 24<sup>th</sup> November 2022 at 1pm – 3pm

Week 2 - Thursday 1st December 2022 at 1pm - 3pm

Week 3 - Thursday 8th December 2022 at 1pm - 3pm

Week 4 - Thursday 15th December 2022 at 1pm - 3pm

If you would like to book onto a course please contact Michelle Talboys - Home School Link Worker on 07703 322066 or email at hslw@thames-ditton-infant.surrey.sch.uk\_\_\_\_\_\_