

Year 4 PSHE Overview

Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rights and Responsibilities	To understand the rules we have in school to keep us safe	Could link to behaviour policy
Week 2: Rights and Responsibilities	To understand that humans have rights and also responsibilities	Scarf Rights and Responsibilities It's Your Right!
Week 3: Rights and Responsibilities	To understand the rules we have outside of school (not enforced- un written rules e.g. wearing a bike helmet into a shop)	
Week 4: Rights and Responsibilities	To explore and critique how the media present information	Scarf Rights and Responsibilities In the news!
Week 5: Environment	To understand the ways in which they can contribute to the care of the environment	Scarf Harold's Sevens Rs Being my best
Week 6: Online Safety	To know how to behave appropriately and safely online	

Autumn 2

Topic	Learning objectives	Useful links
Week 1: Get Up!	Session one (2X15mins) We are created individually by God who is Love, designed in His own image and likeness.	Ten ten resources LKS2 Module 1 Unit 1
Week 2: Get Up!	Session one (3X15mins) Every human life is precious from the beginning of life (conception) to natural death.	Ten ten resources LKS2 Module 1 Unit 1
Week 3: Money	To define the terms income, expenditure, interest and loan	Scarf Rights and Responsibilities Harold's expenses
Week 4: Money	To prioritise items for expenditure in the home from the most to least essential	Scarf Rights and Responsibilities Harold's expenses
Week 5: Money	To explain what is meant by the terms 'income tax', 'National Insurance' and 'VAT'	Scarf Rights and Responsibilities Who pay taxes?
Week 6: Road Safety Week	To know how to behave appropriately on the roads	

Spring 1

Topic	Learning objectives	Useful links
Week 1: We Don't Have To Be the Same	Session 1: Similarities and differences between people arise as they grow and make choices.	Ten ten resources LKS2 Module 1 Unit 2
Week 2: Respecting Our Bodies	Session 2: About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.	Ten ten resources LKS2 Module 1 Unit 2
Week 3: What is Puberty?	Session 3: Learn what the term puberty means	Ten ten resources LKS2 Module 1 Unit 2
Week 4: Changing Bodies	Session 4: Learn correct naming of genitalia.	Ten ten resources LKS2 Module 1 Unit 2
Week 5: Boy/Girl	Session 5: Group discussion on previous learning.	Ten ten resources LKS2 Module 1 Unit 2
Week 6: Online Safety	To know what Cyber-Bullying is and how we can deal with it	

Spring 2

Topic	Learning objectives	Useful links
Week 1: What Am I Feeling?	Session 1: That emotions change as they grow up	Ten ten resources LKS2 Module 1 Unit 3
Week 2: What Am I Feeling?	Session 2: Positive actions help emotional well-being (beauty, art, etc. lift the spirit)	Ten ten resources LKS2 Module 1 Unit 3
Week 3: I am Thankful	Session 3: To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.	Ten ten resources LKS2 Module 1 Unit 3
Week 4: Healthy Relationships	To explain what we mean by a 'positive, healthy relationship'	Scarf Me and My Relationships Ok or not ok?
Week 5: Valuing Difference	To recognise some of the ways that people are different to each other (race, gender, religion)	Scarf Valuing Differences What would I do?
Week 6: Valuing Difference	To be aware of stereotypes between younger and older children	

Summer 1

Topic	Learning objectives	Useful links
Week 1: Life Cycles	Session 1: That they were handmade by God with the help of their parents.	Ten ten resources LKS2 Module 1 Unit 4
Week 2: A community Of Love	Session 1: God is Love as shown by the Trinity – a ‘communion of persons supporting each other in their self-giving relationship’.	Ten ten resources LKS2 Module 3 Unit 1
Week 3: What is the Church?	Session 2: The human family can reflect the Holy Trinity in charity and generosity.	Ten ten resources LKS2 Module 3 Unit 1
Week 4: How Do I Love Others?	Session 1 (1X25mins) To know that God wants His Church to love and care for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 5: How Do I Love Others?	Session 1 (1X25mins) To devise practical ways of loving and caring for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 6: Online Safety	To know how to protect personal information online	

Summer 2

Topic	Learning objectives	Useful links
Week 1: Environment	To know some of the ways that various national and international environmental organisations work to help take care of the environment	Scarf Rights and Responsibilities Logo Quiz
Week 2: Environment	To identify qualities and attributes of people who support the school community	Scarf Being my Best My School Community
Week 3: Rights and Responsibilities	To describe some of the ways in which people are different to each other (ethnicity, gender, religious beliefs, customs and festivals)	Scarf Valuing Difference The people we share our world with
Week 4: Rights and Responsibilities	To describe some of the ways in which people are different to each other (ethnicity, gender, religious beliefs, customs and festivals)	Scarf Valuing Difference The people we share our world with
Week 5: Growing and Changing	To know that God made us different from one another and we all have different strengths	
Week 6: Growing and Changing	To understand the expectations of Year 5 and how I can make the best choices for myself and for others	

Useful links and passwords:

<https://www.tentenresources.co.uk/relationship-education-subscribers/>

Lnolan@cardinalnewmanschool.co.uk password: 11Milltown.

<https://www.coramlifeeducation.org.uk/scarf/sign-in/> password: Cardinal1

PSHE in Cardinal Newman and our wider Community

- All children learn about Rail Safety as our school is located near Hersham station
- All children learn about Water Safety as we are located near reservoirs, rivers and streams
- Children take part in Road Safety week when they visit local roads and learn how to ensure they are safe when walking/cycling on nearby roads
- World Faith Week gives children the opportunity to learn about different faiths around the world
- Celebrating difference day gives children the opportunity to learn about our wider world and what makes us all different and unique
- Children also learn how to live a healthy lifestyle through different aspects of PSHE and the ways in which we can keep our bodies fit and healthy
- Children learn about how to stay safe online termly
- Links with local community include; visits/cards/letters to the elderly
- Involving members of the parish in hearing children read
- Local authorities where appropriate invite speakers e.g. fire service/police/nurses