



# Cardinal Newman Catholic Primary School

## Personal, Social and Health Education (PSHE) Policy



### MISSION STATEMENT

To be a community of learners, believers and friends rooted in the values and teachings of the Gospel. We seek to enable every individual to develop his or her potential in the knowledge that they are uniquely created and loved by God.

Title:	Personal, Social and Health Education (PSHE)
Policy Agreed at LGB:	29 <sup>th</sup> November 2018
Policy Review:	29 <sup>th</sup> November 2021

## **INTRODUCTION**

PSHE (Personal, Social and Health Education) and Citizenship lies at the heart of everything we do at Cardinal Newman and is underpinned by our faith and belief that we are created unique and loved by God. We nurture and inspire children to develop confidence and resilience where all efforts are valued and all children flourish. Everyone is encouraged to contribute to the life of the school and the wider community. All the work we do at Cardinal Newman is underpinned by our Mission Statement:

‘To be a community of learners, believers and friends rooted in the values and teachings of the Gospel. We seek to enable every individual to develop his or her potential in the knowledge that they are uniquely created and loved by God.’

The National Curriculum states “All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice. Schools are also free to include other subjects or topics of their choice in planning and designing their own programme of education.”

We are committed to ensuring that the emotional and social needs of our children are met as we support the development of children’s health, well-being, self- esteem and confidence. We teach children about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society. At Cardinal Newman we strive to develop the children’s spiritual, moral, social and cultural development. Through this, we aim to prepare children for the opportunities and responsibilities of adult life.

Our school’s overarching aims and objectives in teaching PSHE for all children are:

- To provide the knowledge, understanding, attitudes and values to allow children to reach their full potential
- To know and understand what is meant by a healthy lifestyle
- To be aware of safety issues (both in the real world and online) and develop an understanding of how to overcome these
- To understand what makes a good relationship with others in and outside of the community , including online
- To be thoughtful and responsible members of their community and school
- To develop self- confidence and self- esteem by reflecting on their experiences
- To make informed choices regarding personal and social issues
- To respect and understand our community, humanity, diversity and differences
- To promote fundamental British Values including democracy, rule of law, tolerance of different faiths and cultures, mutual respect and individual liberty

## **OUR CURRICULUM**

Our PSHE curriculum takes into account the ability, age, readiness and cultural background of our young people. Our staff have a strong understanding and relationship with our children which enables them to address the needs and interests of all pupils, irrespective of gender, culture, ability or aptitude. Our learning is based upon the core themes of ‘Health and Wellbeing’, ‘Relationships’ and ‘Living in the Wider World’.

We will create a safe and supportive learning environment by embedding PSHE in all areas of learning through a cross-curricular approach. Teachers are able to support children to make links between their academic and social and emotional learning as each individual grows as a well-rounded individual. For example when dealing with issues in drugs education, we teach PSHE as a discrete subject. On the other hand we often teach PSHE through other subjects: when teaching about the local environment, this might link RE, Science, Geography and History, while also raising awareness of democracy when considering who is responsible for the maintenance of local parks. Equally, our teachers often will cover different subject matter when situations arise in class, to meet the ever-changing needs of the children. This all allows children to reflect on issues, viewpoints, dilemmas, situations and case studies.

Moreover, there is a considerable overlap between our PSHE curriculum with our RE curriculum. This enables children to make links between their actions and their faith which provides a very valuable insight for all children. Through all of this, we develop the skills children require to operate confidently in the wider world: language, behaviour strategies, team skills and resilience

Our PSHE curriculum is further supported by whole school themed events which bring the school community together to celebrate and share learning. Examples of these include Anti-Bullying Day, Road Safety Week, Healthy Living initiatives and 'The Life Bus'.

Each class in our school has a PSHE file which displays the different learning which has taken place in each class. Teachers, with the input and contribution from the children, are responsible with keeping these files up-to-date to show evidence of the PSHE learning which has taken place. These files should be a celebration of the learning which is taking place and a point of reference for the children to use. Files are checked regularly by the subject leader to ensure coverage.

We are aware that learning in PSHE may sometimes bring difficult emotions or realisations to the surface. We will ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support through one-to-one discussions with a member of staff to enable their needs to be met.

## **LINKS WITH PARENTS AND CARERS**

The most powerful PSHE education is collaboration between school and home. We are committed to working with parents and carers in order to support development of children's health, well-being, self-esteem and confidence. Parents will be consulted about the development of the school's policies and approaches to PSHE education to raise awareness. A variety of resources including our 'Journey in Love' programme are available on our school website.

In line with this, we encourage links and speakers to come into school from the community, including the Parish, to widen the children's understanding. This enables them to learn from experts which all makes a valuable contribution to our programme, for example police officer, school nurse, fire officers, road safety officers. Their input is planned and monitored to fit into and complement the programme. Teachers are always present during these sessions and remain responsible for the delivery of the programme.

## **ASSESSMENT**

It is important for pupils to have the opportunity to reflect on their learning alongside motivating children to improve. Teachers need to be confident that learning has taken place, demonstrate progress and identify future learning needs. Assessment in PSHE is more about comparing where a pupil is at the end of a lesson(s) against where they were before the lesson(s). Personal reflection is essential so should be scaffolded during a session. Therefore assessing learning in PSHE is a combination of teacher assessment and peer/self- assessment.

## **MONITORING AND REVIEW**

The planning and co-ordination of the teaching in PSHE are the responsibility of the class teacher, but this will be overseen by the subject leader, who also:

- Supports colleagues in their teaching, by keeping informed about current developments in the subjects, and by providing a strategic lead and direction
- Evaluates the strengths and weaknesses in the subject, and indicates areas for further improvement
- Uses specially allocated regular management time to review evidence of the children's work(from PSHE class files) and to observe PSHE lessons across the school
- Plans school events to bring the children's learning and development together as a whole school community

*Policies linked to this: Safeguarding and Child Protection, Behaviour and Anti-Bullying, Equality, Online Safety, Relationships and Sex Education*