

Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve 15

Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday



Friday

Option 1

Cheese & Tomato Pizza
with Potato Tots

Pork Sausages
with Creamed Potato
& Gravy

Roast Pork
with Roast Potatoes
& Gravy

Wholemeal Pasta
Beef Bolognese

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots

Meat-Free Sausage
with Creamed Potato
& Gravy

Quorn Fillet
with Roast Potatoes
& Gravy

Ricotta Cheese &
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips

Option 3

Jacket Potato with
Cheese, Beans, Tuna
or Salmon

Cheese, Ham or Tuna
Wrap

Cheese & Tomato
Pasta Pot

Jacket Potato with
Cheese, Beans, Tuna
or Salmon

Cheese, _____ or Tuna
Wrap

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli

Medley of Vegetables

Garden Peas
Baked Beans

Dessert

Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche

Fresh Fruit Salad

Vanilla Ice Cream

LOW SALT

Reduced sugar
and salt recipes

LESS SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

Vegetarian Oily Fish
Wholegrain Fruity



We only use fish
from sustainable
sources



Designed by Twelve 15
Favourites



Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Twelve15



No added sugar
Shuggington
Thursday

Meat free
Monday

Tuesday

Wednesday

Friday

Option 1

Ricotta & Mozzarella Filled Ravioli in Tomato Sauce

Beef Burger in a Bun with Oven Chips

Roast Chicken with Roast Potatoes & Gravy

Sweet & Sour Pork with Noodles

Fish Fingers with Potato Tots

Option 2

Meat-Free Glamorgan Sausage with Potato Wedges

Southern Style Meat-Free Burger in a Bun with Oven Chips

Quorn Fillet with Roast Potatoes & Gravy

Mac 'n' Cheese with Wholemeal Garlic Bread

Veggie Burrito

Option 3

Jacket Potato with Cheese, Beans, Tuna or Salmon

Cheese, Ham or Tuna Wrap

Cheese & Tomato Pasta Pot

Jacket Potato with Cheese, Beans, Tuna or Salmon

Cheese, or Tuna Wrap

Vegetables

Green Beans
Carrots

Garden Peas
Sweetcorn

Cauliflower
Carrots

Sweetcorn
Broccoli

Baked Beans
Garden Peas

Dessert

Banana Pancakes

Mixed Berry Mousse

Fruit Yoghurt

Cheese & Biscuits with Apple Slices

Chocolate & Beetroot Brownie with Whipped Creme Fraiche

LOW SALT
Reduced sugar and salt recipes

Free for everyone in Reception, Year 1 and 2

Unlimited freshly baked bread and vegetables, crudites or salad bar every day

Look out for these symbols on our healthy choices
 Vegetarian Oily Fish
 Wholegrain Fruity



We only use fish from sustainable sources

Harry Ramsden's Junior



Designed by Twelve15 Favourites



Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Twelve15



No added sugar
Shuggington



Meat free
Monday



Tuesday

Wednesday

Thursday

Friday

Option 1

Wholemeal
♥ Pasta Bake 🌾

BBQ Chicken
with Rice

Roast Turkey Teddy
Meatloaf with Roast
Potatoes & Gravy

Minced Beef &
Vegetable Pie with
New Potatoes & Gravy

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Meat-Free Chilli
Topped Wedges ♥

Sweet Potato Whirl
with Rice ♥

Quorn Fillet
with Roast Potatoes
& Gravy ♥

Meat-Free Veggie Balls
in Cheese & Tomato
Sauce with Wholemeal
♥ Pasta 🌾

Meat-Free Sausage &
Tomato Roll ♥
with Oven Chips

Option 3

Jacket Potato with
Cheese, Beans, Tuna
or Salmon 🐟

Cheese, Ham or Tuna
Wrap

Cheese & Tomato
Pasta Pot ♥

Jacket Potato with
Cheese, Beans, Tuna
or Salmon 🐟

Cheese, _____ or Tuna
Wrap

Vegetables

Coleslaw
Broccoli

Sweetcorn
Garden Peas

Carrots
Cabbage

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

Fruit Yoghurt

Apple Muffin with
Whipped Creme
Fraiche

Strawberry Mousse

Fresh Fruit Salad 🍓

Waffle with Peaches
& Whipped Creme
Fraiche 🍓

LOW
SALT

Reduced sugar
and salt recipes



Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

♥ Vegetarian 🐟 Oily Fish
🌾 Wholegrain 🍓 Fruity



We only use fish
from sustainable
sources

