

SEND Ideas – Some top tips for simple helpful activities

For our youngest SEND children some activities for their wider skills such as:

Fine motor;
Turning clothes the right way round.
Doing a selection of buttons and zips and fastenings from around the house.

Mark making;
Tracing around themselves
Colouring with chalk on a patio
Fingering out letters and numbers in a plate of flour.

Sensory play;
Mixing 1/2 rice and 1/2 flour and pouring it on a scene to look like snow
Making play doh
Make slime (many recipes online)

SALT;
Scavenger hunts that rely on speech and language, twinkl has loads of these for SEND children.
or 5 minute activity sheets on this website are great
<https://en.islcollective.com/english-esl-worksheets/search/5+minute>

Gross Motor;
Simon Says! <https://www.thebestideasforkids.com/simon-says-ideas/>

Some simple activities for older SEND children:

1. Reading everyday. Try the Bingo reading grid which they might find useful, and colour in one square each day.
2. Literacy. The spelling lists (statutory ones for yr2-6) and writing one sentence for each word and then check they can spell them.
3. Toe by Toe Book 10mins <https://toe-by-toe.co.uk>
4. Maths. Power of 2, Plus 1 Books
10mins <https://www.123learning.co.uk/maths-support-book-plus-1/>
5. STEM Lego Challenge attached below;
<https://www.freehomeschooldeals.com/free-printable-30-day-lego-challenge-instant-download/>