

Year 3 PSHE Overview

Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rights and Responsibilities	To understand why class and school rules are important	Scarf Me and my relationships As a rule
Week 2: Rights and Responsibilities	To understand that the UN rights of the child are there to protect everyone and have primacy both over national law and family and community services	
Week 3: Rights and Responsibilities	To understand that there are different kinds of responsibilities, rights and duties at home, at school and in the community	
Week 4: Rights and Responsibilities	To explain that people living in the UK have different origins	Scarf Valuing Difference Our friends and neighbours
Week 5: Rights and Responsibilities	To understand the difference between fact and opinion	Scarf Rights and responsibilities Recount task
Week 6: Online Safety	To know how to behave appropriately online	Scarf Super searcher

Autumn 2

Topic	Learning objectives	Useful links
Week 1: Get Up!	Session 1 (2X15 min) We are created individually by God who is Love, designed in His own image and likeness.	Ten ten resources LKS2 Module 1 Unit 1
Week 2: Get Up!	Session 2 (3X15 min) Every human life is precious from the beginning of life (conception) to natural death.	Ten ten resources LKS2 Module 1 Unit 1
Week 3: The Sacraments	Session 1: That in Baptism God makes us His adopted children and 'receivers' of His love	Ten ten resources LKS2 Module 1 Unit 1
Week 4: Jesus, My friend	Story sessions (2X15min) That Jesus loves, embraces, guides, forgives and reconciles us with him and one another.	Ten ten resources LKS2 Module 2 Unit 1
Week 5: Jesus, My friend	Story sessions (3X15min) We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness	Ten ten resources LKS2 Module 1 Unit 1
Week 6: Road Safety Week	Rules of the road	

Spring 1

Topic	Learning objectives	Useful links
Week 1: Friends, Family and Others	Session 1: Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong.	Ten ten resources LKS2 Module 2 Unit 2
Week 2: When Things Feel Bad	Session 2: Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.	Ten ten resources LKS2 Module 2 Unit 2
Week 3: Healthy Relationships	To recognise and respond appropriately to a wide range of feelings in others	
Week 4: Valuing difference	To recognise and challenge stereotypes- focus on boys and girls in school	Scarf Valuing difference Respect and challenge
Week 5: Healthy Relationships	To identify people who they have a special relationship with	Scarf Me and my relationships Looking after our special people
Week 6: Online Safety	What is a cyber-bully?	

Spring 2

Topic	Learning objectives	Useful links
Week 1: Sharing Online	Session 1: To recognise that their increasing independence brings increased responsibility to keep themselves and others safe.	Ten ten resources LKS2 Module 2 Unit 3
Week 2: Chatting Online	Session 2: How to use technology safely.	Ten ten resources LKS2 Module 2 Unit 3
Week 3: Physical Contact	Session 3: Children will be able to describe examples and characteristics of the three types of abuse.	Ten ten resources LKS2 Module 2 Unit 3
Week 4: Drugs, Alcohol and Tobacco	Session 4: Medicines are drugs, but not all drugs are good for us.	Ten ten resources LKS2 Module 2 Unit 3
Week 5: First Aid Heros	Session 5: In an emergency, it is important to remain calm.	Ten ten resources LKS2 Module 2 Unit 3
Week 6: Keeping Safe	To understand that medicines are drugs and suggest ways that they can be helpful or harmful	Scarf Keeping myself safe Help or Harm

Summer 1

Topic	Learning objectives	Useful links
Week 1: Trinity House	Session 1: God is Love as shown by the Trinity – a ‘communion of persons supporting each other in their self-giving relationship’.	Ten ten resources LKS2 Module 3 Unit 1
Week 2: What is the Church?	Session 2: The human family can reflect the Holy Trinity in charity and generosity.	Ten ten resources LKS2 Module 3 Unit 1
Week 3: How Do I love Others?	Session 1 (1X25mins) To know that God wants His Church to love and care for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 4: How Do I love Others?	Session 1 (1X25mins) To devise practical ways of loving and caring for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 5: Healthy Relationships	To know that my actions affect myself and others	Scarf Me and My Relationships How can we solve this problem?
Week 6: Online Safety	To know personal information should be kept to myself	

Summer 2

Topic	Learning objectives	Useful links
Week 1: Money	To explain that people earn their income through their job	Scarf Rights and Responsibilities Earning Money
Week 2: Money	To understand the terms ‘income’, ‘saving’ and ‘spending	Scarf Rights and Responsibilities Can Harold afford it
Week 3: Environment	To understand my responsibilities towards the environment	Scarf Cross Curricular project Let’s have a tidy up
Week 4: Environment	To define what a volunteer and identify people who volunteer in the school community	Scarf Rights and Responsibilities Our helpful Volunteers
Week 5: Growing and Changing	To understand what makes a good friend	Scarf Me and my Relationships Friends are special
Week 6: Growing and Changing	To understand the expectations of Year 4 and how I can make the best choices for myself and for others	

Useful links and passwords:

<https://www.tentenresources.co.uk/relationship-education-subscribers/>

Lnolan@cardinalnewmanschool.co.uk password: 11Milltown.

<https://www.coramlifeeducation.org.uk/scarf/sign-in/> password: Cardinal1

PSHE in Cardinal Newman and our wider Community

- All children learn about Rail Safety as our school is located near Hershams station
- All children learn about Water Safety as we are located near reservoirs, rivers and streams
- Children take part in Road Safety week when they visit local roads and learn how to ensure they are safe when walking/cycling on nearby roads
- World Faith Week gives children the opportunity to learn about different faiths around the world
- Celebrating difference day gives children the opportunity to learn about our wider world and what makes us all different and unique
- Children also learn how to live a healthy lifestyle through different aspects of PSHE and the ways in which we can keep our bodies fit and healthy
- Children learn about how to stay safe online termly
- Links with local community include; visits/cards/letters to the elderly
- Involving members of the parish in hearing children read
- Local authorities where appropriate invite speakers e.g. fire service/police/nurses