

The logo for Sports 7, featuring the word "SPORTS" in white capital letters and a large, stylized number "7" in red with a white outline, all set against a black rectangular background.

Cardinal Newman School Fitness for fun running club

We are pleased to announce that Sports 7/Planet Soccer are continuing our KS2 running club on Thursday's after school for boys & girls of all abilities. Our aim is to have children enjoying fitness without it feeling like a chore. We will teach the children running techniques through a variety of games and activities such as; capture the flag, virus & relay games.

The club will be run by Mr. Sebo and/or Mr. Fenton who have a wealth of experience coaching clubs, holiday camps and teaching PE in Primary Schools. **Sports 7/ Planet Soccer clubs are run by fully qualified coaches who hold an enhanced DBS check and are First Aid qualified.**

- **13 sessions: Thursday 19th September 2019 - Thursday 19th December 2019**
- **3.20pm - 4.30pm. Key Stage 2**
- **Cost - £75**

PLACES ARE LIMITED AND ISSUED ON A FIRST COME FIRST SERVED BASIS

WHAT TO BRING: Suitable clothing e.g. shorts and a t-shirt, warm clothing for Winter, appropriate footwear, a drink and a snack. Any medication to be handed to the coach.

TO BOOK: <http://planet-soccer.info/book-a-club/>

Please follow the above link, click on the appropriate club where you will be directed to register and given payment information.

Any queries, please contact us on [01483 890500](tel:01483890500) or admin@planet-soccer.info

DISCOUNT: 10% OFF FOR SIBLINGS // 10% OFF SECOND COURSE