



Cardinal Newman School Fitness for Fun Running Club

We are pleased to announce that Sports 7/Planet Soccer are starting a KS2 running club on Thursday's after school for boys & girls of all abilities. Our aim is to have children enjoying fitness without it feeling like a chore. We will teach the children running techniques through a variety of games and activities such as; capture the flag, virus & relay games.

The club will be run by Mr. Sebo who has a wealth of experience coaching clubs, holiday camps and teaching PE in Primary Schools. **Sports 7/ Planet Soccer clubs are run by fully qualified coaches who hold an enhanced DBS check and are First Aid qualified.**

- **12 sessions: Thursday 10th January 2019 - Thursday 4th April 2019**
- **3.15pm - 4.15pm. Key Stage 2**
- **Cost - £60**

PLACES ARE LIMITED AND ISSUED ON A FIRST COME FIRST SERVED BASIS

WHAT TO BRING: Suitable clothing e.g. shorts and a t-shirt, warm clothing for Winter, appropriate footwear, a drink and a snack. Any medication to be handed to the coach.

TO BOOK: Complete the booking form & hand into the school office with cash, cheque (cheque's payable to Planet Soccer) or BACS – Ref: child's name & school, Acc No: 56661238, SC: 09-01-28

Any queries, please contact us on [01483 890500](tel:01483890500) or admin@planet-soccer.info

DISCOUNT 10% FOR SIBLINGS, 10% OFF A SECOND COURSE

PLANET SOCCER CLUBS JAN – MARCH 2019

Child's name Day of Club Class

Contactphonenumber (1) (2)

Year Group Contact Email Please provide details of any allergies, medical conditions or medication.....

..... Permission for first aid

I acknowledge & accept that the organisers providing these facilities, and their respective servants, agents or employees, are under no liability whatsoever in respect of loss or damage of property occurring whilst my child is in attendance in the club.

Signature Parent / Guardian