



Managing Behaviour Effectively for Parents & Carers

No one has ever said parenting was easy. Living with children can be one of life's most enjoyable experiences, but it can also be unbelievably frustrating. 123 Magic is a simple, precise and effective way of managing the behaviour of children. It's not magic but works like magic!

The aims of the programme are:-

- Job 1: Controlling Challenging Behaviour** – Learn an amazingly simple technique to get children to STOP doing what you don't want them to do (whining, arguing, tantrums, sibling rivalry etc.).
- Job 2: Encouraging Good Behaviour** – Learn several effective methods to get your children to START doing what you want them to do (picking up, eating, going to bed and staying there!, chores etc.).
- Job 3: Strengthening Your Relationship** – Learn powerful techniques that reinforce the bond between you and your children.

Will the programme work with children who have learning difficulties?

It certainly can. The program has been used successfully with Autistic, Asperger's, ADHD and ODC children. In fact when parents have children with these difficulties, the clarity of the 123 Magic warnings is especially helpful for the visual and auditory understanding.

The course is a 4 week programme and the following courses available are as follows:-

- Wed 26th Sept 2018 (4 weeks) 7.30-9.30pm at Cardinal Newman, Hersham**
- Mon 19th Nov 2018 (4 weeks) 9am – 11am at St Marys, Long Ditton**
- Tue 26th Feb 2019 (4 weeks) 7.30-9.30pm at Cardinal Newman, Hersham**
- Tue 4th June 2019 (4 weeks) 7.30-9.30pm at St Marys, Long Ditton**
- Mon 17th June 2019 (4 weeks) 9-11am at Cardinal Newman, Hersham**

If you would like to book onto a course please contact Michelle Talboys - Home School Link Worker on 07703 322066 or email at hslw@thames-ditton-infant.surrey.sch.uk