



SIMMSport

Fun year-round sports
programmes for kids

Ages 4-15



2019



**WE MAKE
FOOTBALLERS**



St Mary's
University
Twickenham
London

School Holiday Camps

MULTI-SPORT CAMPS - Ages 5-12

Our multi-sport camps provide an enriching, inclusive and welcoming environment for all children. On a typical day, children will take part in three different sports and a range of fun sporting games and challenges, using our full range of excellent facilities.

Sports included at our camps



Dates and Prices

Camps run 9am-3pm each day with an early drop off available from 8am for an extra £5

Dates	Week price (day price)
Monday 8th April - Friday 12th April	£150 (£35)
Monday 15th April - Wednesday 17th April	£90 (£35)
Tuesday 28th May - Friday 31st May	£120 (£35)
Wednesday 24th July - Friday 26th July	£90 (£35)
Monday 29th July - Friday 2nd Aug	£150 (£35)
Monday 5th Aug - Friday 9th Aug	£150 (£35)
Monday 12th Aug - Friday 16th Aug	£150 (£35)
Monday 19th Aug - Friday 23rd Aug	£150 (£35)
Tuesday 27th Aug - Friday 30th Aug	£120 (£35)

20% Early Bird Discount* available

"My children loved the coaches, and the safety was brilliant. My son is not particularly sporty but he enjoyed himself as there was such a wide range of sports on offer."

Discounts and Bookings

Sibling discount – 10% per child
 St Mary's Staff – 15% per child

Note: only one discount can be applied per transaction. Sibling and early bird discounts only apply on week price

*Early bird options end on 8th March (Easter), 3rd May (Summer Half-Term) and 1st July (Summer)

Call us on 020 8240 4334 to book a place on our camps. Alternatively you can email us at simmsport@stmarys.ac.uk

FOOTBALL CAMPS - Ages 4-12

The experienced coaching team at WeMakeFootballers cater for all levels of players, from beginners right through to academy level players. Their focus is allowing each child to develop into the best player they can be.

"My son loves WeMakeFootballers Holiday Camps. They deliver a good mix of skills and games run by young, fun and friendly coaches. As a mum, it is a safe, organised and happy environment."

WE MAKE FOOTBALLERS 



Dates and Prices

Dates	Week price (day price)
Monday 8th April - Friday 12th April	£100 (£27)
Tuesday 28th May - Friday 31st May	£91 (£27)
Monday 29th July - Friday 2nd Aug	£100 (£27)
Monday 5th Aug - Friday 9th Aug	£100 (£27)

For more information or to book contact WeMakeFootballers at www.wemakefootballers.com/teddington or via phone on 020 7148 1602

GYMNASTICS CAMPS - Ages 5-12

Our gymnastics camps are an extension of the fantastic activities delivered through our SIMMSplitz weekly gymnastics club. Gymnasts will experience a range of disciplines using various high-quality equipment, including; bars, floor, vault and beams.

Gymnasts do not have to be part of our weekly sessions to make the most of these camps, and our experienced team of coaches are very happy to welcome those of all abilities to our camps.



Dates and Prices

Dates	Year 4-7 (9am-12pm)	Reception-Year 3 (1pm-3pm)
Monday 18th Feb	£20	£15
Tuesday 19th Feb	-	£15
Thursday 21st Feb	£20	£15
Friday 22nd Feb	£20	£15

15% discount is available to St Mary's Staff

Weekly Sessions (Term-Time Only)

Our weekly programmes typically run from late September through to mid-December, re-starting in mid-January to late May.

ATHLETICS - Ages 5-12

Our athletics programme offers a unique experience for young people to train on the Sir Mo Farah Athletics Track.

Parents can choose from a range of sessions held throughout weekday evenings and Saturday mornings, with sessions delivered to allow children to develop a range of fundamental track and field athletics skills.

"I love the fact it is outside, the activities are varied, and the coaches are nurturing and supportive."

"The facilities are great, and the enthusiasm and dedication of the coaches is amazing"

GYMNASTICS - Ages 5-12

SIMMSplitz is a British Gymnastics-affiliated club for children of all abilities. Sessions are held in our Olympic-equipped gymnasium, with children taking part in activities on bars, beams and vaults alongside floor work. Gymnasts are consistently working towards British Gymnastics' proficiency awards, starting at level 8 and progressing through to level 1.

"Good introduction to the sports, the coaches also teach core values of respect and sportsmanship alongside this."



RUGBY - Ages 5-15

Harlequin Amateurs RFC run boys teams from U5s up to U15s, with girls teams from ages U12s up to U15s. Through high quality coaching in a friendly, welcoming environment, the club aims to develop great players that love to play rugby.

Teams train and compete in local tournaments and leagues on Sunday mornings from September – April, playing in the famous Harlequins kit.



Joining the Club

Please email play@harlequinrugby.co.uk to register your interest.

You can also find further information about the club at www.harlequinrugby.co.uk



FOOTBALL - Ages 4-12



Through our partnership with WeMakeFootballers, our weekly training sessions aim to develop technical ability, speed, movement and game intelligence as well as character and desire for players of all abilities.

"The children - no matter their ability - are always encouraged, well looked after and spoken to in a positive way by all coaches. The atmosphere within the sessions is motivational and friendly."



Bookings

All bookings for our football programmes are taken by our partner, WeMakeFootballers.

Contact them at www.wemakefootballers.com/teddington or via phone on 020 7148 1602

Birthday Parties - Ages 5-13

If your child would like to enjoy the same sports facilities used by some of our best known British athletes then a children's party at Sport St Mary's could be the perfect birthday treat.

From late September to April, Sport St Mary's deliver 2-hour fun-filled parties. Activities are led by our qualified coaches for the first hour and a half, with a party-room available to parents for the final half an hour.

Parents can choose any two activities from: athletics, dodgeball, basketball and football, making parties at Sport St Mary's a great choice for any group of sports-mad children!

Our Coaches

All of our programmes are delivered by a fantastic group of engaging, enthusiastic and knowledgeable coaches, the vast majority of whom are undertaking degrees to become sports coaches or PE teachers. Our coaches are fully qualified and DBS checked.



Why choose SIMMSport?

Join the 950 children currently taking part in the weekly SIMMSport activities.

High Standard of Coaching

93% of parents rate the standard of athletics and gymnastics coaching provided as "good" or "very good".

Value for Money

91% of parents believe the athletics and gymnastics programmes provide "good" or "very good" value for money.

Low Coaching Ratios

Low coaching ratios of 1:6 (up to 8 years) or 1:8 (over 8 years) ensure your child has the dedicated attention needed to ensure the best and safest possible experience.

World-Class Facilities

World-class facilities frequently used by international athletes, including Sir Mo Farah.

Nationally Recognised Coach Development Programme

Our coach development programme was named the British Universities and Colleges Sport (BUCS) Workforce Programme of the Year in 2018.

Find an activity to suit you!

In 2017/18 we had a total of 27,000 attendances across all of our programmes. With such a great range of term-time and school holiday activities to choose from, we aim to provide fun programmes that children of all abilities can get involved in!

Use this handy table below to see which programmes we offer throughout the year.

Sport/Activity	University Term-Time	February Half-Term	Easter Holidays	Summer Half-Term	Summer Holidays
Multi-Sports			✓	✓	✓
Athletics	✓				
Gymnastics	✓	✓	✓*	✓*	
Football	✓		✓	✓	✓
Rugby	✓				
Birthday Parties	✓				

*We are currently exploring options to hold Gymnastic Camps at these times.

Get In Touch

If you have any questions or to book please feel free to get in touch with us.



www.stmary.ac.uk/simmsport

020 8240 4334

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