

Surrey short breaks

E-Newsletter – January 2019



Welcome to the January 2019 edition of the Surrey Short Breaks E NEWSLETTER

With the busy festive season now well and truly over and a New Year upon us, there's plenty to look forward to in the year ahead! But first...

Personal support

Short Breaks provision in 2017-2018

2017-2018 saw the launch of new Short Break contracts that delivered **342,004 hours** of support to over **1,664 children and young people** within Surrey.

That's a lot of hours of fun, friendship making, skill development and respite time for parent carers! Here's the breakdown of our provider's delivery, across our four different types of provision.

ASD

Play and Youth

131,592 hours Play and Youth
175,087 hours Overnight Residential
34,028 hours Personal support
1,295 hours ASD

Overnight Residential

ASD specific services across Surrey

As a response to increasing demand Surrey Short breaks have arranged for ASD specific services, These 4 services are open to all children and young people with ASD and are tailor made to provide an environment and activities suitable for their needs. To find out more about what's on in your area, please contact:



Kids run Saturday and holiday clubs.

Website: www.kids.org.uk

Email: surreyreferrals@kids.org.uk

Phone: 020 8648 7020



Barnardos focus on young people aged 13 – 18 with ASD with developing their life skills and going out into the community.

Email: moving.forward@barnardos.org.uk

Phone: 01293 610 692



The National Autistic Society runs children's clubs.

Email: SEResourcecentres@nas.org.uk

Phone: 01483 521 743



YMCA East Surrey deliver ASD play and youth services as well as more general play and leisure opportunities for all disabled CYP.

Website: www.ymcaeastsurrey.org.uk

Email: sovereign@ymcaeastsurrey.org.uk

Phone: 01737 222 859



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SNOW WHITE ... bringing a sprinkle of happiness to Surrey families

Head2Head Theatre is a Surrey based charity dedicated to bringing accessible theatre to the special needs' community of Surrey. This year's production of Snow White reached nearly 1,000 children and their families and has toured special schools and respite centres throughout the county.

"We love having Head2Head Theatre here. They always brighten our days. The whole performance is perfect and really well aimed at the children and young people. They consider all abilities and really tailor the show to suit the needs of the audience. We always see some fantastic reactions and the room is filled with smiles and laughter throughout." **The Children's Trust, Tadworth**

"It was amazing! The first time we have ever managed to go to a pantomime as a family of four. Both sons were fully engaged and included in the production. Our son with PMLD thought the Dame was hysterical and kept giggling every time he came near! A wonderful, happy, fun family memory." **Surrey Family**

To find out about performances in 2019 please contact:
Head2Head: 01372 278021 office@head2headtheatre.co.uk

YMCA New 'Mole Valley Venue'

YMCA East Surrey are delighted to announce that from January 2019, the **Yippee & Yip4Youth** schemes in Mole Valley will be moving to West Hill School, in Leatherhead.

West Hill is a purpose built SEND school renovated last year, and we will have access to two large halls, adapted cooking class rooms, fully inclusive toilet with changing bed and ceiling track hoist, outside enclosed play area, and a new playground set to be built early next year with a sensory garden. The school also has a fully controlled entrance and large car park.

This is an exciting new venture for the YMCA, and we look forward to working in partnership with West Hill School, to provide short breaks services for Surrey families.

We still have spaces available for spring term Saturdays on both our schemes at West Hill, and we are extending our **'First 3 session's free'** offer for new families.

For more information please call the team on 01737 222859 or email sovereign@ymcaeastsurrey.org.uk



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Complex needs provision

Rainbow Trust support families who have a child aged 0-18 with a life threatening or terminal illness and are in the greatest need. Our Family Support Workers provide a life line to these families and children. We support the whole family including parents, carers, the child, brothers, sisters and grandparents. We bring support and help to families who so desperately need it at home, in hospital and in the community.

Any family can receive support from the moment of their child or young person's diagnosis.



Short breaks fund a drop-in service and a Family Support Service for Surrey families and are based in Leatherhead. However these services work across the community and children and young people from the whole of Surrey are welcome. To find out more please contact: Tel: 01372 220111

Here's what some of their parents are saying...

'Outstanding and amazing practical and emotional support and on-going communication. I can't even put into words how amazing the support has been'.

'J (family support worker) has been a God send! I never realised how much she was really needed'.



Holiday Camps and Saturday Club for children from across Surrey.

Our play schemes offer children and young people aged 5-18 with multiple disabilities and complex health needs the opportunity to enjoy leisure activities and to have fun in a safe environment.

The focus is on children having experiences that are meaningful for them - activities are wide and varied and because staffing is on a one-to-one basis, each child can get the most out of their visit.

Themes include scavenger hunts, science experiments, multi-sensory groups, messy food play, and visiting entertainers. Camps/clubs are managed on a daily basis by a senior nurse with responsibility for health and personal care needs and supported by



a play assistant who focuses on the fun!

How can I book?

For further information on our short breaks service, please contact our Placements and Commissioning Team on 01737 365080, placements@thechildrenstrust.org

"Tadworth offers my child the calm and stimulating environment she needs. There is a massive difference in my child's health, demeanour (and stress levels) after a day at Tadworth. Staff at Tadworth indulge in my child's imagination and they allow her to relax through play" Parent



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Can you tell people how you feel about living in Surrey?

Come along!

Friday 22nd February (half term)

10am - 4 pm (Lunch provided)

Bookham Youth and Community Centre

164 Lower Road, Bookham

KT23 4AQ

The event is open to all disabled young people and their families

**Contact Garrett Craig at Barnardos on
01293 610 692 | 07940 455 915**

FREE FAMILY FUN DAY

A FREE fun day for families with disabled young people aged 5– 18 years old. Young people will have a chance to give their views and opinions about life in Surrey whilst having fun.
Parents, Carers and siblings welcome.

This day is led by us for you!

ACTIVITIES AVAILABLE

Arts & Crafts, Pool table, Table Tennis, Games, Boccia, Giant Jenga, Relaxation station and a chance to give your views and opinions

WHEN?	WHERE?
Friday 22nd February 2019 Morning session 10am - 1.30pm Afternoon session 12.30pm - 4pm All day session 10am - 4pm	Bookham Youth and Community Centre 164 Lower Road, Bookham, KT23 4AQ Lunch provided

Booking is essential. To book a place, please call Barnardo's Moving Forward Project on 01293 610692 or email moving.forward@barnardos.org.uk.

Finding out more about short breaks in Surrey...

Contact the team on 01372 832896
Email Michelle Harman: shortbreaks@surreycc.gov.uk
www.surreycc.gov.uk/shortbreaks
www.facebook.com/surreyshortbreaks

Our directory of Short Breaks Services can be found here – just click on the link:
<https://www.surreylocaloffer.org.uk/kb5/surrey/localoffer/site.page?id=QGecLjRvyLo>

Surrey Children's Disability Register (SCDR)

Email Rupal Patel at SCDR@surreycc.gov.uk or call **020 8541 8792** for more details about the disability register & how you can receive a free MAX CARD which can be used by all the family at attractions across the country

LOOK OUT FOR OUR NEXT EDITION IN APRIL 2019

We welcome feedback on the newsletter and if you as a recipient of short breaks or as a provider of short breaks wish to contribute to the next letter then please get in touch with the short breaks team (details above).

