

Year 2 PSHE Overview

Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rights and responsibilities	To describe what makes an ideal classroom To understand that a classroom needs rules and reflect on their importance and how they keep everyone safe.	Establish Class Rules with children
Week 2: Rights and responsibilities	To know the zones of regulation and how to use them in the classroom – Worry monsters and what I want my teacher to know.	Zones of Regulation Role play the zones and to recognise and describe the different feelings
Week 3: Rights and responsibilities	To know who cares for them, their family network and who to go to if they are worried, how to attract attention.	Worry Monster What I want my teacher to know box
Week 4: Black History Month	See focus for the month for this year.	See resources in PSHE folder: Black History Month for this year
Week 5: Black History Month	See focus for the month for this year.	See resources in PSHE folder: Black History Month for this year
Week 6: Internet Safety	To know how to stay safe on the internet and its role in everyday life	From the computing scheme

Autumn 2

Topic	Learning objectives	Useful links
Week 1 Anti-Bullying Week	See year's focus	See PSHE resources - Anti-Bullying
Week 2 Road Safety Week	See year's focus	See PSHE resources - Anti-Bullying
Week 3 Road Safety Week activities	See year's focus and to know how act appropriately and safely on the road	See PSHE resources – Road Safety Week
Week 4: Let the children come	We are created equally by God God wants us to talk to him through the day	Ten ten resources Module 1 Unit 1
Week 5: Let the children come ?	We are created equally by God God wants us to talk to him through the day	Ten ten resources Module 1 Unit 1
Week 6: God loves you ?	God loves us, and nothing we can do will stop Him from loving us.	Ten 10 resources Module 2 Unit 1
Week 7: Wellbeing	Well being activity	Review of learning Circle Time Zones of Regulation

Spring 1

Topic	Learning objectives	Useful links
Week 1: I am unique	Session 1: To learn that we are unique, with individual gifts, talents and skills.	Ten ten resources Module 1 Unit 2
Week 2: Girls and Boys	Session 2: That girls and boys have been created by God to be both similar and different	Ten ten resources Module 1 Unit 2
Week 3: Clean and Healthy	Session 3: Our bodies are good and we need to look after them.	Ten ten resources Module 1 Unit 2
Week 4: Clean and Healthy	Session 4: How to maintain personal hygiene.	Ten ten resources Module 1 Unit 2
Week 5: Children's Mental Health	Focus for the year	PSHE folder
Week 6: Internet Safety	To know that information found online is not always true	Evolve

Spring 2

Topic	Learning objectives	Useful links
Week 1: Feelings, likes and dislikes	Session 1: That it is natural for us to relate to and trust one another.	Ten ten resources Module 1 Unit 3
Week 2: Feeling Inside Out	Session 2: Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.	Ten ten resources Module 1 Unit 3
Week 3: Healthy Relationships	Role-play Scenarios Have two people role-play a potential conflict situation with the aim of resolving it positively.	Ten ten resources Module 1 Unit 3 – Extended activities
Week 4: Super Susie Gets Angry	Session 3: Simple strategies for managing feelings and for good behaviour.	Ten ten resources Module 1 Unit 3
Week 5: Feelings and emotions	Create a 'What to do when you're angry' multimedia poster	Ten ten resources Module 1 Unit 3 – Extended activities
Week 6: Healthy Relationships	Role-play Scenarios Have two people role-play a potential conflict situation with the aim of resolving it positively.	Ten ten resources Module 1 Unit 3 – Extended activities
Week 6: Wellbeing	Wellbeing activities Transition	Zones of Regulation

Summer 1

Topic	Learning objectives	Useful links
Week 1: The Cycle of Life	Session 1: Children will know and appreciate that there are natural life stages from birth to death, and what these are.	Ten ten resources Module 1 Unit 4
Week 2: Beginnings and Endings	What 'death' means About some feelings often connected with grief	Ten ten resources Module 1 Unit 4
Week 3: Change is all around me	Children are encouraged to celebrate how they already have changed and grown and how their experiences help prepare them for changes to come, including the transition to their next class.	Ten ten resources Module 1 Unit 4
Week 4: Real Life Outcomes	The internet connects us to others and helps us in lots of ways. Our feelings matter – both online and offline.	Ten ten resources Module 2, Unit 3
Week 5: Rules to help us	Understand safe and unsafe situations, including online. Ask for adult help with anything that worries them or makes them feel unsafe	Ten ten resources Module 2, Unit 3
Week 6: Internet Safety	How can I stay safe online?	Evolve computing programme

Summer 2

Topic	Learning objectives	Useful links
Week 1: Three in One	Session 1: That God is love: Father, Son and Holy Spirit.	Ten ten resources Module 3 Unit 1
Week 2: Who is my neighbour?	Session 2: To know what a community is, and that God calls us to live in community with one another.	Ten ten resources Module 3 Unit 1
Week 3: The communities we live in	Session 1: That they belong to various communities such as home, school, parish. Looking after the Environment	Ten ten resources Module 3 Unit 2
Week 4: Needs and Wants	That money is valuable and is used as an exchange for needs and wants. That wants and needs are different. About spending and saving choices.	Module 3 Unit 2
Week 5:	Needs and Wants – classroom shorts	Module 3 Unit 2
Week 6: Wellbeing	Wellbeing activities Transition	Zones of Regulation

Useful links and passwords:

PSHE in Cardinal Newman and our wider Community

- All children learn about Rail Safety as our school is located near Hershams station
- All children learn about Water Safety as we are located near reservoirs, rivers and streams
- Children take part in Road Safety week when they visit local roads and learn how to ensure they are safe when walking/cycling on nearby roads
- World Faith Week gives children the opportunity to learn about different faiths around the world
- Celebrating difference day gives children the opportunity to learn about our wider world and what makes us all different and unique
- Children also learn how to live a healthy lifestyle through different aspects of PSHE and the ways in which we can keep our bodies fit and healthy
- Children learn about how to stay safe online termly
- Links with local community include; visits/cards/letters to the elderly
- Involving members of the parish in hearing children read
- Local authorities where appropriate invite speakers e.g. fire service/police/nurses