

Year 3 PSHE Overview

Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rights and responsibilities	To understand why class and school rules are important	Establish class rules with children
Week 2 Zones of Regulation	To know the zones and how to use them in the classroom – What I want my teacher to know box	Zones of Regulation Role play zones Recognise the different feelings
Week 3: Rights and responsibilities	To understand that the UN rights of the child are there to protect everyone and have primacy both over national law and family and community services	Unit 4 Module 2 Session 4 Look at UN rights of the child
Black History Month	See focus for the month this year	See resources in PSHE folder for this year.
Black History Month	See focus for the month this year	See resources in PSHE folder for this year
Week 6: Internet Safety	To know how to behave appropriately online	From computing scheme

Autumn 2

Topic	Learning Objective	Useful links
Week 1 Anti-Bullying Week	See year's focus	See PSHE resources
Week 2 Road Safety Week	See year's focus	See PSHE resources
Week 3: Get Up!	Session 1 (2X15 min) We are created individually by God who is Love, designed in His own image and likeness.	Ten ten resources LKS2 Module 1 Unit 1
Week 4: Get Up!	Session 2 (3X15 min) Every human life is precious from the beginning of life (conception) to natural death.	Ten ten resources LKS2 Module 1 Unit 1
Week 5: The Sacraments	Session 1: That in Baptism God makes us His adopted children and 'receivers' of His love	Ten ten resources LKS2 Module 1 Unit 1
Week 6: Jesus, My friend	Story sessions (2X15min) That Jesus loves, embraces, guides, forgives and reconciles us with him and one another.	Ten ten resources LKS2 Module 2 Unit 1
Week 7: Wellbeing	Well being activity	

Spring 1

Topic	Learning objective	Useful links
Week 1: Rights and responsibilities	To understand that there are different kinds of responsibilities, rights and duties at home, at school and in the community	Unit 4 Module 2 Session 4
Week 2: Friends, Family and Others	Session 1: Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong.	Ten ten resources LKS2 Module 2 Unit 2
Week 3: When Things Feel Bad	Session 2: Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.	Ten ten resources LKS2 Module 2 Unit 2
Week 4: Sharing Online	Session 1: To recognise that their increasing independence brings increased responsibility to keep themselves and others safe.	Module 2 Unit 3
Week 5: Chatting online and classroom shorts	Session 2: How to use technology safely.	Ten ten resources Module 2 Unit 3
Week 6 Well Being	Focus for the year	Well Being activity

Spring 2

Topic	Learning Objective	Useful links
Week 1: Children's Mental Health	Focus for the year	PSHE folder
Week 2: Safe In my body and classroom shorts	To judge well what kind of physical contact is acceptable or unacceptable and how to respond About different kinds of abuse, including 'abuse of private parts'	Module 2 Unit 4
Week 3: Safe in my body and classroom shorts	That there are different people we can trust for help, especially those who care for us, including our teachers and parish priest	Module 2 Unit 4
Week 4: Drugs, alcohol and tobacco	Session 3: Medicines are drugs, but not all drugs are good for us.	Ten ten resources LKS2 Module 2 Unit 4
Week 5: First aid heroes	Session 4: In an emergency, it is important to remain calm.	Ten ten resources LKS2 Module 2 Unit 3
Week 6: Rights and responsibilities & classroom shorts.	.Some of our rules and laws are based on our rights. Rights protect us and ensure everyone is treated equally.	Ten ten resources Module 2 Unit 4

Summer 1

Topic	Learning objective	Useful links
Week 1: Trinity House	Session 1: God is Love as shown by the Trinity – a ‘communion of persons supporting each other in their self-giving relationship’.	Ten ten resources LKS2 Module 3 Unit 1
Week 2: What is the Church?	Session 2: The human family can reflect the Holy Trinity in charity and generosity.	Ten ten resources LKS2 Module 3 Unit 1
Week 3: How Do I love Others?	Session 1 (1X25mins) To know that God wants His Church to love and care for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 4: How Do I love Others?	Session 1 (1X25mins) To devise practical ways of loving and caring for others.	Ten ten resources LKS2 Module 3 Unit 2
Week 5: Healthy Relationships	To know that my actions affect myself and others	Me and My Relationships How can we solve this problem?
Week 6: Internet Safety	To know personal information should be kept to myself.	See computing programme

Summer 2

Topic	Learning Objective	Useful links
Week 1: Working Together	Why people do different jobs	Module 3 Unit 2 Session 2
Week 2: Money Matters	To understand the terms ‘income’, ‘saving’ and ‘spending	Module 3 Unit 2 Session 3
Week 3: How do I love others	How we put love into action in the communities we live in.	Module 3 Unit 2 Session 1
Week 4: Growing – We don’t have to be the same	People are unique and differences should be celebrated	Module 1 Unit 2 Session 1
Week 5: Respecting our bodies	Looking after our bodies	Module 1 Unit 2 Session 2
Week 6: Well Being	Wellbeing activities Transition	Zones of Regulation