

Cardinal Newman PE Curriculum Map 2023/2024 GetSet4PE



	Autumn		Spring		Summer	
Reception	Introduction to PE : Unit 1 Fundamentals : Unit 1	Introduction to PE : Unit 2 Fundamentals : Unit 2	Dance : Unit 1 Gymnastics: Unit 1	Dance : Unit 2 Gymnastics : Unit 2	Games : Unit 1 Ball Skills : Unit 1	Games : Unit 2 Ball Skills : Unit 2
	The EYFS setting is designed to support children to: Move with confidence and imagination. Show an awareness of space for others. Handle tools and objects with basic control. Have good fine motor control and coordination. Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination with playing. Move energetically with opportunities for running, jumping, dancing, hopping, skipping and climbing.			We provide children with: Music to match simple movements to. Opportunities to develop fine and gross motor skills as well as interventions where required. Weekly P.E. sessions where children can access a range of equipment and develop their gross motor skills and physical development. An understanding of the effects of exercise on our bodies and the importance of being healthy.		
Year 1	Gymnastics Fundamentals	Sending and Receiving Invasion	Dance Ball Skills	Fitness Team Building	Athletics Net and Wall	Striking and Fielding Target Games
Year 2	Gymnastics Fundamentals	Sending and Receiving Invasion	Dance Ball Skills	Fitness Team Building	Athletics Net and Wall	Striking and Fielding Target Games
Year 3	Gymnastics Swimming	Football Swimming	Dance Tennis	Hockey Basketball	Athletics Ball Skills Y3/4	OAA Rounders
Year 4	Gymnastics Tag Rugby	Fitness Netball	Dance Handball	Golf Tennis	Athletics Dodgeball	OAA Cricket
Year 5	Gymnastics Fitness	Handball Basketball	Dance Volleyball Y5/6	Badminton Y5/6 Golf	Athletics OAA	Tennis Rounders
Year 6	Gymnastics Netball	Football Hockey	Dance Tag Rugby	Dodgeball Volleyball Y5/6	Athletics Tennis	OAA Cricket

Key

Swimming	Gymnastics	Dance	OAA	Fitness	Net & Wall	Striking and Fielding	Target Games
Invasion Games	Ball Skills	Sending and Receiving	Introduction to PE (EYFS)	Fundamentals			