

**Cardinal Newman Catholic Primary School
Flourish/PSHE/RSE Overview**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Personal, Social and Emotional Development: - 1. Self Regulation, 2. Managing Self, 3. Building Relationships					
	1.Follow 1 step instructions recognise emotions, class routines 2.Wash hands 3. Seek adult support Online Safety	1.Talk about own and others feelings, Zones of Regulations 2.Healthy diet, oral hygiene 3.Develop friendships Online Safety	1.Focus for longer sessions 2.Resilience in face of challenge 3.turn taking Online Safety	1.Moderate own feelings 2.Dressing independence 3.Listen to ideas of others Online Safety	1.Control of emotions using a range of techniques 2.Manage basic needs independently 3.Work as part of a group Online Safety	1.Follow 3 step instructions 2.Develop a “can do” attitude / Transition into Year 1 3.Develop confidence to communicate with adults in the school. Online Safety
Yr 1	Rights and Responsibilities – Scarf Internet Safety - school	We are created equally by God Ten 10 Module 1 Unit 1 Money - Scarf Road Safety Week	Special People Treat others well. Ten 10 resources Module 2 Unit 2 Money - Scarf Internet Safety- school	Being Safe: Secrets, body privacy, people we can trust. Ten 10 Module 2 Unit 3 Harmful Substances	Three in one – Ten 10 Module 3 Unit 1 Healthy Relationships – Scarf Internet Safety	The communities we live in Ten 10 Module 3 Unit 2 Feelings and Emotions / Healthy relationships / Healthy lifestyles - Scarf
Yr 2	Rights and Responsibilities – Scarf Environment – Scarf Internet Safety	Let the children come – Ten 10 Module 1 Unit 1 Money – Scarf Road Safety	I am unique – Ten10 Module 1 Unit 2 Clean and Healthy Ten 10 Module 1 Unit 2 Growing – Scarf Internet Safety	Feelings, Likes and Dislikes – Ten 10 Module 1 Unit 3 Feelings and emotions– Scarf Healthy Relationships - Scarf	The cycle of life – Ten 10 Module 1 Unit 4 Growing and changing – Scarf Healthy Lifestyles – Scarf Internet safety	Three in one – Ten 10 Module 3 Unit 1 Communities (as above) Growing and Changing - Scarf
Yr 3	Rights and Responsibilities – Scarf Online Safety	We are created individually / The Sacraments / Jesus my friends LKS2 Ten 10 Module 1 Unit 1 Road Safety Week	Friends, Family and Others – Ten 10 Module 2 Unit 2 Valuing Difference - Scarf Healthy Relationships – Scarf Online Safety	Sharing online – Online Safety – Ten 10 Module 2 Unit 3 Drugs, Alcohol and Tobacco / First Aid – Ten 10 Module 2 Unit 3 Keeping Safe - Scarf	God is love as shown by the Trinity – self-giving relationships – Ten 10 Module 3 Unit 1 What is the Church? / How do I love others? – Ten 10 Module 3 Unit 2	Money – Scarf Environment – Scarf Growing and Changing - Scarf

					Healthy Relationships – Scarf Online Safety	
Yr 4	Rights and Responsibilities – Scarf Environment – Scarf Online Safety	Get Up We are created individually by God - Ten 10 Module 1 Unit 1 Money – Scarf Road Safety Week	We don't have to be the same – Ten 10 Module 1 Unit 2 LKS2 What is Puberty? / Changing bodies / Boy / girl – Ten 10 LKS Module 1 Unit 2 Online Safety	What am I feeling? Emotions change as I grow up. – Ten10 Module 1 Unit 3 Healthy Relationships – Scarf Valuing Differences - Scarf	Life cycles / community of love / What is the Church / How do I love others? – Ten 10 LKS Module 3 Unit2 Online Safety	Environment – Scarf Rights and Responsibilities – Scarf Growing and Changing – Ten 10
Yr 5	Rights and Responsibilities Caring for the Environment – Scarf Healthy Lifestyles Online Safety	Calming the Storm We are individuals / Changes during puberty / We are called to love others -	Under pressure / Consent and body autonomy – Ten 10 UKS2 Module 2 Unit 2 Consequences of thoughts and feelings – (as above) Money – Scarf Online Safety	Sharing isn't always caring – increasing independence brings increased responsibility – Ten 10 Module 2 Unit 3 Cyber Bullying / Types of Abuse / Impacted Lifestyles / Making good choices Giving Assistance – Ten 10 Module 3 Unit 3	The Trinity – Catholic Social Teaching, applying the principles of this Social teaching – Ten 10 Module 3 Unit 2 Keeping Safe – Scarf Online safety - Scarf	Rules, rights and responsibilities – Scarf Money – Scarf Keeping Safe Growing and Changing
Yr 6	Rules Rights and Responsibilities – Scarf Money – Scarf Online Safety	Calming the storm – Ten 10 Resources Module 1 Unit 1 Caring for Environment – Scarf Railway Safety	Gifts and Talents / Girls bodies / Boys bodies / Spots and Sleep – Ten 10 Module 1 Unit 2 Online Safety	Body Image Peculiar Feelings / Emotional Changes – Ten 10 Module 1 Unit 3 "Seeing stuff online" – (as above)	Making Babies Part 1 and Part 2 Menstruation – Ten 10 Module 1 Unit 4 The Trinity / Catholic Social Teaching – Ten 10 Module 3 Unit 1 Reaching out – Module 3 Unit 2	Keeping Safe – Scarf Valuing differences – Scarf Growing and Changing