

## Year R PSHE Overview

### Autumn 1

Topic	Learning objectives	Useful links
Week 1: Rights and responsibilities	To understand that a classroom has rules and reflect upon the importance of rules and how they keep me safe	Establish class rules with children
Week 2 Zones of Regulation	To know the zones and how to use them in the classroom – Worry monsters and	Zones of Regulation Role play zones Recognise the different feelings
Week 3: Rights and responsibilities	To know who cares for them, their family network and who to go to if they are worried, how to attract attention	What I want my teacher to know box
Black History Month	See focus for the month this year	See resources in PSHE folder for this year.
Black History Month	See focus for the month this year	See resources in PSHE folder for this year
Week 6: Internet Safety	To know how to stay safe on the internet	From computing scheme

### Autumn 2

Topic	Learning Objective	Useful links
Week 1 Anti-Bullying Week	See year's focus	See PSHE resources
Week 2 Road Safety Week	See year's focus	See PSHE resources
Week 3 Road Safety Week activities	See year's focus	See PSHE resources
Week 4: Story sessions	Handmade with Love To know that we are individually created by God as part of His creation plan.	Ten ten resources Module 1 Unit 1
Week5: Story sessions	Handmade with Love To know that our bodies were created by God and are good.	Ten ten resources Module 1 Unit 1
Week 6: Story sessions	Handmade with Love To know that we can give thanks to God.	Ten ten resources Module 2 Unit 1
Week 7: Wellbeing	Well being activity	

## Spring 1

Topic	Learning objective	Useful links
Week 1: I am Me	Session 1: To know that we are each unique, with individual gifts, talents and skills. To recognise that whilst we all have similarities because we are made in God's image, difference is part of God's plan!	Ten ten resources Module 1 Unit 2
Week 2: Head Shoulders Knees and Toes	Session 2: To know that our bodies are good and made by God. To be able to name different parts of the body (not genitalia)	Ten ten resources Module 1 Unit 2
Week 3: Ready Teddy	Session 3: To know that our bodies are good and we need to look after them. To know that exercise, diet, sleep and personal hygiene all help to have a healthy lifestyle.	Ten Ten Resources Module 1 Unit 2
Week 4 : Circle Time	Circle Time – reflecting on our previous learning	
Week 5: Money	Money doesn't grow on trees	EYFS Module 3 Unit 2 Session 3
Week 6: Internet Safety	I know how to keep my information safe online	From computing programme

## Spring 2

Topic	Learning Objective	Useful links
Week 1: Children's Mental Health	Focus for the year	PSHE folder
Week 2: I like, you like, we all like	To know that we all have different tastes (likes and dislikes)	Ten ten resources Module 1 Unit 3
Week 3: I like, you like, we all like	To know that we all have similar needs. To know that we can relate to and trust one another.	Ten ten resources Module 1 Unit 3
Week 4: All the feelings	To be able to talk about and explore our feelings using simple strategies to manage our feelings.	Ten ten resources Module 1 Unit 3
Week 5: All the feelings	To be able to talk about and explore our feelings using simple strategies to manage our feelings.	Ten ten resources Module 1 Unit 3
Week 6: Let's Get Real	To know that our feeling can affect actions and that actions have consequences. To continue to explore strategies for managing emotions and behaviour.	Ten ten resources Module 1 Unit 3

## Summer 1

Topic	Learning objective	Useful links
Week 1: Growing Up	To know that there are natural life stages from birth to death	Ten ten resources Module 3 Unit 1
Week 2:	First Aid	Ten ten resources Module 1 Unit 4
Week 3: New People, New Places	To know that change is a part of growing up. To know that our experiences will help us with our transition to Year 1. To know that God is with us every step of the way as we grow and change.	Ten ten resources Module 3 Unit 1
Week 4 God is Love:	To know that God is love: Father, Son and Holy Spirit To know that we are made in His image.	Ten ten resources Module 3 Unit 1
Week 5: Loving God, Loving others	To know what a community is, and that God calls us to live in community with one another.	Ten ten resources Module 3 Unit 1
Week 6: Loving God, Loving others	To listen and respond to scripture about the value of living in a community. To recognise that all our offerings are special to God.	Ten ten resources Module 3 Unit 1
Week 7: Internet Safety	To know that not all the information seen online is true	See computing programme

## Summer 2

Topic	Learning Objective	Useful links
Week 1: Me, You, Us	To recognise all of the communities that we belong to. To know that we can help our communities.	Ten ten resources Module 3 Unit 2
Week 2 Diversity Week The communities we live in	Focus on diversity materials	Ten 10 Module 3 Unit 2 PSHE subject folders
Week 3: Me, You, Us	To know that we have a duty of care for others and for the world we live in. To know what harms and what improves the world in which we live..	Ten 10 Module 3 Unit 2
Week 4: When I grow Up	To know that there are different types of jobs and that having a	Ten 10 Module 3 Unit 2

	<p>job can help us to look after each other and the world.          To know that God has given us all strengths, gifts and talents to do His work.</p>	
Week 5: When I grow Up	Circle Time exploring our talents	Ten 10 Module 3 Unit 2
Week 6: Healthy lifestyles	To explore change and loss and the associated (moving home, moving class, losing toys, pets or friends)	