

# Islam

Year 2

Prayer at home

# OVERVIEW FOR ISLAM – YEAR 2 & FOUNDATION 2

## PRAYER AT HOME – PRAYER AT HOME

Judaism is studied by everyone and Islam one of the options of choice from the three other religions. It is taught for one week every year. The themes are the same for all religions.

### BACKGROUND NOTES

Muslims are followers of the religion of Islam, which began in Saudi Arabia around the seventh century. They believe in one God, Allah. There are two main groups of Muslims, Shi'ah and Sunni. The Sunnis are the larger group. Their beliefs are similar but they differ on the forms of leadership. What the children learn in this programme of study is a *middle way*, offering what is most general in Islam. The spelling used is *Makkah* rather than the common version *Mecca* to avoid confusion.

AGE GROUP	THEME	TOPIC	LEARNING OUTCOMES		
			LOOK	DISCOVER	RESPECT
Early years N/R	Special days/ ritual objects	Prayer mats	Special objects	Prayer mats and the Qur'an	What is special for Muslims
Year 1 FS 1	Stories	Muhammad	Special stories	Muhammad	Muhammad is important for Muslim people
Year 2 FS 2	Prayer/home	Prayer at home	Quiet times	Prayer five times a day	Prayer is important for Muslims
Year 3	Places for worship	The mosque	Special buildings	Friday is a day of special prayer. Call to prayer	How Muslim people worship
Year 4	Holy Books	The Qur'an	Important books	The Qur'an. 99 beautiful names of God	The importance of the Qur'an for Muslims
year 5	Beliefs and festivals	Ramadan and Pilgrimage	special times	Shahadah Ramadan, Id-ul-Fitr, Id-ul-Adha, Hajj	Respect for the special occasions for Muslims
year 6	Belonging and values	Guidance for Muslims	Guidance in life	the 5 pillars Zakat	What is important for Muslims

# There are **six** major religions in our world.

## RE = SIGNS AND SYMBOLS

Christianity



Judaism



Islam



Buddhism



Hinduism



Sikhism





# I am a Muslim

Islam is the religion of Muslims. Muslims believe in Allah and his prophet Muhammad.

## God

I believe that there is only one God, Allah, and that Muhammad was the last prophet sent by Allah.



## Holy Book

The imam instructs me from the Qur'an in Arabic. The Qur'an was revealed to the Prophet Muhammad by God. It teaches me how to worship Allah and how to behave towards others.



## Muslim Festivals

**Ramadan:** The holy month during which Muslims fast from sunrise to sunset.

**Eid-ul-Fitr:** A celebration to mark the end of Ramadan.

**Eid-ul-Adha:** A celebration of Ibrahim's willingness to sacrifice his son to God.

## Worship

I pray five times a day, facing Makkah (Mecca), at home or in the mosque. I wash before praying and use a prayer mat. When entering the mosque I take off my shoes. Women and men do not pray in the same area of the mosque.



## Dietary Customs

I am allowed to eat halal food. Some foods, such as pork, are forbidden, and all food must be prepared in a certain way.



## Jihad

As well as following the Five Pillars of Islam, I must understand Jihad and strive to be a good Muslim. Greater jihad is the personal struggle to live a life of obedience to God and to not give into temptation. Lesser jihad is the physical struggle to protect the Islamic faith in the world.

## Five Pillars of Islam

Every Muslim must follow the Five Pillars of Islam.

**Shahada:** declaration of faith

**Salat:** praying five times a day

**Zakat:** giving money to charity


**Sawm:** fasting during Ramadan

**Hajj:** pilgrimage to Makkah

## TEACHING POINTS

Whenever Muhammad's name is mentioned Muslims say 'Peace and blessing be upon him' (pbuh)

# Look: Quiet Times



When and  
where are your  
quiet times?

# Discover: Muslims pray at home.

Muslims learn to pray at home with their family. The family is very important to Muslims. Parents believe it is their duty to teach their children about Islam and how to pray to Allah, the name they give God.



Prayer is the most important part of a Muslim's day, they pray five times every day: early morning, midday, afternoon, after sunset, and nightfall. Muslims can pray anywhere that is clean and quiet.



Watch this video of a Muslim family praying in their home.

<https://www.bbc.co.uk/bitesize/clips/z4gkq6f>

Before they pray they take off their shoes, cover their heads, wash, that is called wudu, and roll out their prayer mat to face Makkah the holy city for Muslims. Many Muslims carry a special compass with them which helps them find the direction of Makkah.

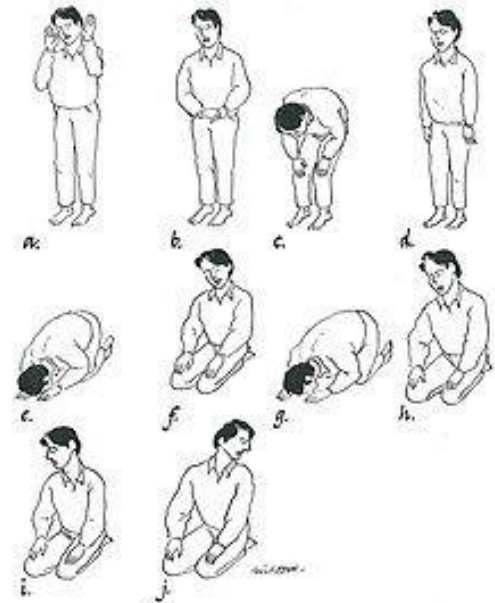


Watch this video to see how a family perform wudu.  
<https://www.bbc.co.uk/bitesize/clips/zfhyr82>



There are nine movements in their prayer including standing, kneeling and bowing low, and touching the ground with foreheads. This is to show that they are humble and respectful to Allah. There is a set pattern to their prayer which includes a special praise and thanks to Allah, asking forgiveness for their sins and ask for their needs. The first words of the prayer is *Allahu Akbar* meaning *Allah is great*. When they have finished the set prayers they can use their own words.

[https://www.youtube.com/watch?v=q\\_WEa9lobml](https://www.youtube.com/watch?v=q_WEa9lobml)



## **SOME KEY QUESTIONS TO TALK ABOUT:**

Q How do Muslims prepare for prayer?

Q Why do you think Muslims pray five times a day?

Q What signs of respect do Muslims show when they pray?

# Discover: The Muslim home.

Watch this video about a girl called Sara who is a Muslim living in Britain.

<https://www.youtube.com/watch?v=eOs7za44k48>

## **SOME KEY QUESTIONS TO TALK ABOUT:**

Q How is Sara's life the same as yours?

Q How it is different?

In the Muslim family the wellbeing of the family is the responsibility of the mother. Her work is in the home and it is considered to be as important as the father's whose responsibility it is to provide the family with an income and to protect the members of the family. Muslim children are expected to show respect to their parents and to look after them when they get old.



If the child goes to a Muslim school then they will learn the Qur'an there, if not they will learn it in special classes at the mosque. They are expected to work hard in school and to spend time with their families.



Muslims have strict rules about the food they eat, especially meat. They do not eat anything that is from a pig. Pork, bacon and sausages are not allowed. Any meat that they do eat has to be prepared in a special way. This is called halal. Muslims wash and pray before meals. The eldest person present always eats first. Drinking alcohol is strictly forbidden.



Muslims have several rules about clothes, they must dress modestly, and women must cover their hair. Different kinds of Muslims have different rules about dress.



**SOME KEY QUESTIONS TO THINK  
ABOUT:**

Q What do you notice is special about Muslim home life?

Q How do you think Muslim children respect their parents?

Q What shows you that family life is important for Muslims?



# Discover and Respect: The Muslim family and prayer is important.

Children are an important part of a Muslim family, they are considered a gift from God and Muslims believe that a large family is a blessing. Newborn children welcomed into the family by the father whispering into the ear of baby :“There is no God but Allah and Muhammad is his true messenger.” Muslims think that God is so special that this should be the first thing that the new baby hears. As the baby grows up he or she will learn many more special names for God.



The baby's first taste should be something sweet, so parents may chew a piece of date and rub the juice along the baby's gums or put honey on its tongue.



When the baby is about a week old the baby is named, often with the name of people who are important to their parents and to other Muslims. The baby's head is shaved and the hair is weighed and its weight in silver is given to charity.

#### SOME KEY QUESTIONS TO THINK ABOUT:

- Q Why are children important in the Muslim family?
- Q What do you think is the reason of the sweet taste for babies?
- Q What sort of names are given to Muslim children?

# Show your learning....

Make a poster to show what life is like in a Muslim home.

Include:

- Prayer
- Food
- Clothes