

# Islam

Islam

Guidance for Muslims

# OVERVIEW FOR ISLAM – YEAR 6

## BELONGING AND VALUES – GUIDANCE FOR MUSLIMS

Judaism is studied by everyone and Islam one of the options of choice from the three other religions. It is taught for one week every year. The themes are the same for all religions.

### BACKGROUND NOTES

Muslims are followers of the religion of Islam, which began in Saudi Arabia around the seventh century. They believe in one God, Allah. There are two main groups of Muslims, Shi'ah and Sunni. The Sunnis are the larger group. Their beliefs are similar but they differ on the forms of leadership. What the children learn in this programme of study is a *middle* way, offering what is most general in Islam. The spelling used is *Makkah* rather than the common version *Mecca* to avoid confusion.

AGE GROUP	THEME	TOPIC	LEARNING OUTCOMES		
			LOOK	DISCOVER	RESPECT
Early years N/R	Special days/ ritual objects	Prayer mats	Special objects	Prayer mats and the Qur'an	What is special for Muslims
Year 1 FS 1	Stories	Muhammad	Special stories	Muhammad	Muhammad is important for Muslim people
Year 2 FS 2	Prayer/home	Prayer at home	Quiet times	Prayer five times a day	Prayer is important for Muslims
Year 3	Places for worship	The mosque	Special buildings	Friday is a day of special prayer. Call to prayer	How Muslim people worship
Year 4	Holy Books	The Qur'an	Important books	The Qur'an. 99 beautiful names of God	The importance of the Qur'an for Muslims
year 5	Beliefs and festivals	Ramadan and Pilgrimage	special times	Shahadah Ramadan, Id-ul-Fitr, Id-ul-Adha Hajj	Respect for the special occasions for Muslims
year 6	Belonging and values	Guidance for Muslims	Guidance in life	the 5 pillars Zakat	What is important for Muslims

# There are **six** major religions in our world.

## RE = SIGNS AND SYMBOLS

Christianity



Judaism



Islam



Buddhism



Hinduism



Sikhism





# I am a Muslim

Islam is the religion of Muslims. Muslims believe in Allah and his prophet Muhammad.

## God

I believe that there is only one God, Allah, and that Muhammad was the last prophet sent by Allah.



## Muslim Festivals

**Ramadan:** The holy month during which Muslims fast from sunrise to sunset.

**Eid-ul-Fitr:** A celebration to mark the end of Ramadan.

**Eid-ul-Adha:** A celebration of Ibrahim's willingness to sacrifice his son to God.

## Dietary Customs

I am allowed to eat halal food. Some foods, such as pork, are forbidden, and all food must be prepared in a certain way.



## Jihad

As well as following the Five Pillars of Islam, I must understand Jihad and strive to be a good Muslim. Greater jihad is the personal struggle to live a life of obedience to God and to not give into temptation. Lesser jihad is the physical struggle to protect the Islamic faith in the world.

## Holy Book

The imam instructs me from the Qur'an in Arabic. The Qur'an was revealed to the Prophet Muhammad by God. It teaches me how to worship Allah and how to behave towards others.



## Worship

I pray five times a day, facing Makkah (Mecca), at home or in the mosque. I wash before praying and use a prayer mat. When entering the mosque I take off my shoes. Women and men do not pray in the same area of the mosque.



## Five Pillars of Islam

Every Muslim must follow the Five Pillars of Islam.

**Shahada:** declaration of faith

**Salat:** praying five times a day

**Zakat:** giving money to charity

**Sawm:** fasting during Ramadan

**Hajj:** pilgrimage to Makkah



Watch this video to refresh your learning about Islam.

<https://www.truetube.co.uk/film/alien-abduction-islam>

## TEACHING POINTS

Whenever Muhammad's name is mentioned Muslims say 'Peace and blessing be upon him' (pbuh)

# Look: Guidance in life.

If there were no rules about when trains, buses or planes ran and a driver/pilot could drive off with their vehicle whenever they liked or not, what would things be like? What do planes and buses need to run effectively?

Similarly as humans we need help in the form of beliefs and guidance. We receive that at home, in church and in school. There are things which we believe in and are important to us and these affect the way we behave.

Can you think of examples?



# Discover: The Five Pillars of Islam.

Islam is a mixture of belief, thought and action. Many Muslims explain Islam as being like a building that is held up by five important pillars, which are the foundation on which Islam is built. They give guidance to Muslims in their daily life.

The five pillars are:



1. **SHAHAD:** this is at the heart of what Muslims believe and is the most important pillar. It is summed up in one sentence; *'There is no God but Allah and Muhammad is his messenger.'* These words are whispered into the ear of a Muslim baby when it is born. It is often written in works of art and jewellery. Muslims pray this several times a day.



2. **SALAH:** this is the requirement of Muslims to pray five times a day. (You learnt about this in year 2.)





### 3. **ZAKA:** Muslims should give to the poor.



4. **SAWM:** fasting. During the months of Ramadan, Muslims go without eating and drinking during daylight hours (You learnt about this in year 5).



5. **HAJJ:** once in a lifetime Muslims are required to make a pilgrimage to the holy places in Makkah. (You learnt about this in year 5.) [https://www.youtube.com/watch?v=jM81wroj\\_MQ](https://www.youtube.com/watch?v=jM81wroj_MQ)



Watch this video to clip to see how young people live out the pillars.  
<https://www.youtube.com/watch?v=Jb8Yk8LaUoc>

# Think and discuss...

Q How do you think these Pillars give guidance to Muslims?

Q Which Pillars are about worship and which are about action for others?

Q Why do you think that Shahadah is the most important Pillar?

# Discover: Zaka.

Zaka is about caring for others. One of the most important teachings of Islam is that everything belongs to Allah and anything a person owns is only given in trust. The Zaka means both 'purification' and 'growth'. Possessions are made pure and free from selfishness and greed by sharing them. When plants are pruned or cut back they grow more strongly, so by giving, a person grows in goodness. It is a reminder that when we die, we can take nothing with us. It means freedom from loving possessions and that other people can share in the goodness of Allah.



Zaka is compulsory, and it means that 2.5% of a person's savings are given once a year to charity. For Muslims, it is an act of obedience and an acknowledgment of gratitude. The one who receives Zaka, receives it as a gift from Allah, to whom he/she is thankful. The Prophet Muhammad said: 'Charity is a necessity for every Muslim.'



As well as Zaka, Muslims may also voluntarily give as much as they wish as 'sadaqa' that is, charity for the sake of Allah that is done secretly. Islamic Relief distributes contributions to everyone who is in need in the world, regardless of their race or religion.



# Think and discuss...

Q Why do Muslims give Zaka?

Q What would the world be like if everyone gave Zaka?

Q This Pillar is believed to be as important as Salah. Why do you think that is?

Q Do you think that Zaka is fair?

## Discover: Care for Creation.

The Qur'an tells Muslims a lot about Allah, but that is not the only place where Muslims learn about Allah. They also see the natural world as a sign of Allah who created it. They believe that everything in Creation is linked together and interdependent. Muslims believe that people should make use of what Allah has placed on the earth for their benefit and should do their best to take care of it. They should feel honoured to have been given this responsibility. The creatures, plants and minerals should be cherished and used wisely, so Muslims are expected to live a life that is not based on destruction, waste, cruelty or pollution. Wherever possible, they use renewable sources of energy, such as solar, wind and water power. <https://www.youtube.com/watch?v=5Z6FPjilp-A>

Islamic art includes lots of pictures of plants and flowers. Although care for creation is not a Pillar, it does spring from the belief that Allah is the only God and that all comes from Allah.



# Think and discuss...

Q Why do Muslims care for creation?

Q What do you think is meant by the interdependence of life on Earth?

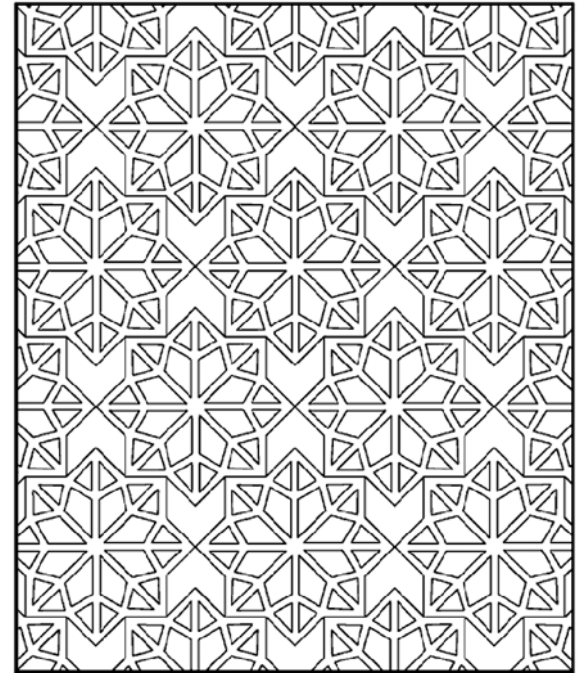
Q Why do you think Muslims feel honoured to care for the Earth?

# Show your learning...

Research and explore Islamic art.

[https://www.bbc.co.uk/religion/religions/islam/art/art\\_1.shtml](https://www.bbc.co.uk/religion/religions/islam/art/art_1.shtml)

Create your own piece of Islamic art.



Decorate this classic pattern as a Ramadan decoration.