

High Ashurst Trip 8th-10th May 2019

(Notes for Parents)

- First of all thank you for coming.
- The purpose of the evening is to go over the itinerary and general organisation and answer any questions you may have. Please wait until the end to ask questions as these may be answered in the course of the evening.

Why go to High Ashurst:

- The facilities at High Ashurst are extensive and the instructors are very experienced in educating children in an exciting and hands on way.
- There will be activities throughout the day and evenings to support the children's learning and self-discovery in the natural environment.
- It is also a wonderful opportunity for children to develop their independence in safe, beautiful surroundings. High Ashurst Outdoor Education Centre is set in 56 acres of woodland on Box Hill, near Dorking, in the tranquil Surrey Hills an 'Area of Outstanding Natural Beauty'.

Safety

- For most parents safety issues are foremost in your minds.
- The trip is covered by Insurance and will adhere to all safety guidelines.
- There will be a high adults to children ratio, which will increase when we are joined by the High Ashurst instructors.
- All adults accompanying the trip will have Enhanced Police Clearance.
- On arrival the children will be briefed on the fire drill to ensure everyone knows their way around the building, and the procedures.
- We will be travelling to High Ashurst by coach. All seats have seatbelts and no children are permitted to sit adjacent to emergency exits.

Medication

- All teaching staff and instructors at High Ashurst have First Aid Training and there is a medical officer there during the day.
- All parents will receive detailed medical forms requesting details of allergies, medical needs, concerns such as bed wetting and sleep walking.
- If your child suffers from bed wetting please let us know. All beds are covered in waterproof protectors and if we know in advance we can spare children any worries or embarrassment.
- If your child suffers from travel sickness you will need to administer pills, bands etc before departure and enclose enough for the return journey.
- Children may not carry their own medication however mild, all medication must be given to the group leaders on the day of departure.

Dormitories

- Children sleep in dormitories ranging from 4- 8 people. Adults sleep in adjacent rooms.
- There are en-suite washing facilities in all rooms.
- We will ensure that children are in a dormitory with at least one close friend. Children sleep in bunk beds and will have to make up their beds on arrival and strip them on the last day.

Food

- Food is well balanced and plentiful. Allergies can be catered for provided we know in advance.
- Parents will need to provide a packed lunch for our journey to High Ashurst in a throwaway bag.

Clothing

- Please pick up a detailed kit list for the journey.

Parents

- We will be looking for a small number of parents to accompany the trip. You must be Disclosure and Barring Service (DBS) checked for this school. If you are interested in taking part please fill in the appropriate sections in the forms by the door.